

# Anonymous Times

Published by North Orange County Central Office, 1661 E. Chapman Ave., Suite 1H, Fullerton, CA 92831

Volume 19, Issue 4

September/October 2013

## Chattin' with Cathy: Happenin' at NOCCO

### SPECIAL EVENTS & FUNDRAISERS

Please join us for our 2<sup>nd</sup> Annual Old-Timers Dinner and Speaker meeting, Saturday, September 21, 2013 at the First Christian Church in Fullerton. Everyone with 25 + years will put their name in a hat and the speakers will be picked from the hat. We are blessed in Orange County to have so many members with over 25 years of sobriety. Everyone is welcome, regardless of your length of sobriety. This is a donation only event; no reservations ARE needed.

Our 1<sup>st</sup> Annual Gratitude Dinner and Speaker Meeting will be Saturday, November 9, 2013 at the UFCW Union Hall in Buena Park. Clancy I. will be the speaker (55 years of sobriety); tickets are \$20.00 if purchased by 10/15/13 and \$25.00 at the door.

NOCCO's Annual Holiday Speaker Meeting, Dinner & Dance will be Saturday, December 7, 2013 at the First Christian Church in Fullerton. All proceeds from these events go directly to benefiting your Central Office.

### BIRTHDAY/INDIVIDUAL/IN MEMORY OF CONTRIBUTIONS

A big shout out of thanks and happy gratitude to the 2013 North Orange County Women's AA Banquet for their generous donation of \$2,000.00. Thank you, thank you, and thank you. If you would like to make a Birthday, individual or "in memory of" contribution, please note the specifics of what the contribution is for at the time you send the contribution in. Our new "Birthday Contribution" envelopes will be here any day.

### MEETING/GROUP DONATIONS

I would like to thank all of our meetings *Continued on Page 2*

## Old Timer Dinner, Speakers Meeting will be Sept. 21

The second annual Old Timers Dinner and Speaker meeting will be held Saturday, September 21, 2013 at First Christian Church, 109 E. Wilshire Ave. in Fullerton.

The event, a fundraiser to benefit North Orange County AA Central Office, will feature speakers with a minimum of 25 years of sobriety, a 50/50 raffle and dinner.

No reservations are necessary. Donations will be accepted and are appreciated. The event begins with dinner at 5:30 p.m., followed by speakers at 8 p.m. For more information contact Central Office at (714) 773-4357.

### North Orange County Central Office

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Fullerton, CA 92831

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# NOC Central Office Financials 2013 YTD vs. 2012 YTD

## Chattin With Cathy ... From Page 1

for their generous contributions. Your group contributions help to ensure that our phones are answered 24 Hours A Day, seven days a week. Please include the meeting name (as listed in the directory), City, Day and Time so that proper credit can be given to your meeting. We have pre-printed donation coupons with self-addressed envelopes for your convenience. NOC Central Office does not use a group number. If your meeting has donated and you do not see the contribution listed in the Anonymous Times and/or on the spreadsheets handed out monthly at each Intergroup meeting, please call the office at 714.773.4357 (773-HELP) or email me at [office-manager@aanoc.com](mailto:office-manager@aanoc.com). All monthly donation spreadsheets are uploaded to our website at [aanoc.com](http://aanoc.com), as well.

	2013 Current Period	2012 Current Period	2013 YTD Amount	2012 YTD Amount
<b>Revenue</b>				
Sales	5,485.25	4,994.95	34,119.36	39,536.04
Donations Meetings	3,800.66	4,452.34	25,396.52	26,329.55
Birthdays	0.00	3.00	271.00	197.00
Individual/ Other	2,199.22	290.95	3,269.29	1,353.05
Faithful Fiver	115.00	25.00	540.00	280.00
Fundraisers/ Events	0.00	0.00	3,158.12	6,537.70
Women's Banquet	0.00	0.00	2,000.00	0.00
Misc. Income	0.04	0.06	3.95	346.84
<b>Total Revenue</b>	<b>11,600.17</b>	<b>9,766.30</b>	<b>68,758.24</b>	<b>74,580.18</b>
<b>Costs of Sales &amp; Direct Costs</b>				
AA & Non AA Items	3,294.87	2,931.51	20,908.32	24,833.16
Fundraisers/ Events	287.01	0.00	1,616.12	520.00
<b>Total Cost of Sales and Direct Costs</b>	<b>3,581.88</b>	<b>2,931.51</b>	<b>22,524.44</b>	<b>25,353.16</b>
<b>GROSS PROFIT</b>	<b>8,018.29</b>	<b>6,834.79</b>	<b>46,233.80</b>	<b>49,227.02</b>
<b>Operating Expenses</b>				
Total Operat- ing Expenses	5,681.34	6,814.98	45,121.36	48,755.13
Income From Operations	2,336.95	19.81	1,112.44	471.89
<b>NET INCOME\ (LOSS)</b>	<b>2,336.40</b>	<b>19.81</b>	<b>1,112.44</b>	<b>471.89</b>
<b>Current / Other Assets</b>				
<b>TOTAL ASSETS</b>	<b>\$45,143.23</b>	<b>\$46,940.21</b>		

### FAITHFUL FIVERS

Faithful Fivers are AA members who contribute a minimum of \$5.00 a month to support NOCCO in carrying the message of hope and recovery to alcoholics who are still suffering. As a Faithful Fiver, your personal contribution helps to make our vital message of hope and recovery possible. Personal contributions are limited to \$5,000.00 per year.

### INTERGROUP REP

Why does your meeting need an intergroup rep? To have a voice, to have a vote, to know what is going on in your AA community. Every AA group in North Orange County is automatically a member of the NOCCO Intergroup Association. We have approximately 400 meetings in the North Orange County area and currently we have about 50 Intergroup representatives consistently attending our monthly Intergroup Meetings. If you attend a meeting that does not have an Intergroup Representative, and you have one year of sobriety, step up and volunteer for this commitment. Intergroup meets the second Wednesday of the month – 730 p.m. at First Christian Church, 109 E. Wilshire Ave., Fullerton, CA.

### VOLUNTEERS

We have wonderful volunteers here at NOCCO. This is a great way to give back some of what has so freely been given to us. If you have 6 months of sobriety and are interested, please call us at 714.773.HELP (714.773.4357) or email me at [office-manager@aanoc.com](mailto:office-manager@aanoc.com).

REMINDER: NOCCO will be Closed Thanksgiving Day and Christmas Day.

May God Bless You and Keep You as we trudge this Road To Happy Destiny!

In service & gratitude,  
Cathy

# Rockin Soberfest Error Stirs Controversy

A controversy over Rockin Soberfest's organizers' failure to contribute to North Orange County Central Office this year – after 20 years of faithfully doing so -- erupted in July at the monthly Intergroup meeting.

NOC Central Office has received more than \$50,000 in donations from organizers of the annual event over the years. But when an anticipated \$4,000 contribution from this year's soberfest was not received, Intergroup members wanted to know why.

Many questioned why the event is promoted as a fundraiser for NOC Central Office when they were being left in dark about the whereabouts of the 2013 contribution.

The issue was first raised at the July meeting by representatives who que-

ried Intergroup board chairman Paul P. as to the whereabouts of this year's donation. The Soberfest, held every February, is not organized by NOC Central Office, the chairman told them. Then why is the event promoted as a "Fundraiser for Central Office," several Intergroup members asked.

Questioned further, and after contentious debate, Paul agreed to look into the matter further.

The main organizer, Glenn H., who has spearheaded the event for its entire 20-plus year history, issued a letter that was read at the August Intergroup meeting. In it he stated that his bank accounts, including the one with the Soberfest proceeds, were seized by the state board of equalization following a failed business venture. He pledged in the letter to make good

on the donation and promised better accountability in the future.

One person close to the event said that Glenn H. has been the "heavy lifter" in making the Rockin Soberfest a reality every year and that the event has generated more than \$65,000 in donations to central office. He acknowledged that Glenn made a mistake this year and that steps are being taken to ensure such errors don't occur again.

A committee of about 20 people oversee the organization of the Soberfest, which counts on numerous other volunteers to ensure its success.

The Rockin Soberfest has been a mainstay for the North Orange County Alcoholics Anonymous community and typically features a dinner, speaker meeting, music and dance. It is held at the Union Hall in Stanton.

**Paul H.  
Fullerton**

## Tradition One

### *First of a continuing series on the 12 traditions*

**Long Form:** Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of use will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

**Short Form:** Our common welfare should come first; personal recovery depends upon AA unity.

The left side of the equilateral triangle that lists our Three Legacies in Alcoholics Anonymous, (Recovery, Unity and Service) is Unity - and the 12 Traditions is the basis for this legacy. An equilateral triangle is defined as having three equal sides. When speaking about AA's Three Legacies, equal is the key word in that statement. None is more important than the other. Of course, if we don't have the 1st one, Recovery, none of the rest matter. I believe that it is equally true of the 2nd and 3rd Legacies, Unity and Service. If we don't have these, in addition to Recovery, the whole thing will collapse.

Tradition One is the statement of purpose for the 12 Traditions – as a society, our goal is the continued common welfare of Alcoholics Anonymous, for without Alcoholics Anonymous, most of us would surely die. In an article in the April 1946 AA Grapevine titled, "Twelve Suggested Points of AA Tradition", Bill W stated the following, "Since personal calamity holds us in bondage no more, our most challenging concern has become the future of Alcoholics Anonymous; how to preserve among us AAs such a powerful unity that neither weakness of persons nor the strain and strife of these troubled times can harm our common cause. We know that Alcoholics Anonymous must continue to live. Else, save few exceptions, we and our fellow alcoholics throughout the world will surely resume the hopeless journey to oblivion".

An AA member who served as a lightning rod for the discussion of AA's Twelve Traditions, Ken '45, once told me that each Tradition, excepting Tradition 12, asks me to surrender something for the common welfare of AA. Sort of "addition by subtraction". How true that has proven to be. Tradition One, tells me that any idea that I might be more important than anybody else in AA was simply self-centeredness on my part. That's

**Continued on Page 8**

# UPCOMING EVENTS!

## Anaheim Alano Club Plans Golden Anniversary Event

The Anaheim Alano Club will hold a 50th anniversary celebration on Thursday, September 19, from 6 to 10 p.m. The event will feature a speaker meeting, entertainment and snacks.

The long-time meeting place for Alcoholics Anonymous is located at 202 W. Broadway in Anaheim. Spread the word to all you know and attend to celebrate the golden anniversary of this iconic meeting location.

## 62nd SoCal Convention Will Be Held Oct. 4-6

Sunny Side of the Street is the theme of the 62<sup>nd</sup> Annual Southern California AA Convention, to be held October 4-6 in Rancho Mirage, CA.

Aside from food, fun and fellowship, the event will feature a 10 k walk/run, golf tournament, dinners, dances and speaker meetings galore.

The convention will be held at the Westin Mission Hills Resort and Spa, 71333 Dinah Shore Drive - Rancho Mirage, California 92270. More information, including a comprehensive list of events and times, can be found at [www.aasocal.com](http://www.aasocal.com).



Events listed here are presented solely as a service to our readers, not as an endorsement by North Orange County Central Office.

## CHECK IT OUT – DUDE! YOUNG PEOPLE’S A.A. MEETINGS!

### Sunday

Anaheim	12+12 Young People 8 p.m.	202 W. Broadway (@ Lemon)
Fountain Valley	Youth in Recovery 1 p.m.	16581 Brookhurst St. Fountain Valley, CA
Orange	Young People’s Dis- cussion 7 p.m.	820 W. Town & Country Rd. (Mariposa Women’s Center),

### Monday

Costa Mesa	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
	Women’s Monday FUNDAY 8 p.m.	420 W. 19th St. (1st Methodist Church near Triangle Square),
Irvine	Wild Bunch Men’s Step Study 7:30 p.m.	5001 Newport Coast Dr c/s Bonita Cyn (Mariners Church-Port Kid Zone room)

### Tuesday

Costa Mesa 12:15 p.m.	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
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### Wednesday

Yorba Linda	Topic Discussion 8 p.m.	18372 Lemon Drive @ imperial Hwy (1st Baptist Church)
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### Thursday

Costa Mesa	We are Not Saints 3 p.m.	2701 Fairview Rd. (Stu- dent Health Center Rm. 108)
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### Friday

Anaheim Hills	Discussion 8 p.m.	411 Lakeview Ave. (@91 Freeway Medical Office building in base- ment)
Huntington Beach	Seacliff 7 p.m.	225 7th St. Garage #1
Tustin	Turning the Corner 7:30 p.m.	1221 Wass St, 92780

### Saturday

Newport Beach	Hoag Hut Speaker	201 Newport Blvd.
Long Beach	Nite Owls 10:30 p.m.	4019 E. 4th St.

## 7th Tradition Readings for “passing the basket”

Our Seventh Tradition states that we are self-supporting through our own contributions. The passing of the basket is to collect money to cover rent, literature and all other meeting expenses. It also supports our local Central Office, General Services, and our local areas and districts.

We'd like to remind you that the historic one dollar (\$1.00) contribution is no longer enough to cover the expenses incurred for the services they provide. Therefore, we are asking all members who can do so to increase their contribution to two dollars (\$2.00). We are blessed in Orange County to have meetings morning, noon and night seven days a week in most cities. Your support goes a long way to ensure that this continues.

## Seniors Conference Planned

The Seniors in Sobriety 8th International Conference will be held at the Town and County Hotel in San Diego Sept. 5-8, 2013. The event will feature Al-Anon participation, men's and women's meetings, a Dr.'s Opinion workshop and a slew of other sober events.

Email Cliff H. at (619) 708-2556 or go to <http://www.aas-is2013.org/home/> for more information.

## Halloween Dance Planned

The Fullerton Alano Center's annual Sober Costume Party and Dance will be held Saturday, October 26.

Advance tickets will go on sale beginning October 1. Further information on ticket prices and time of event will be announced soon on the center web site, [www.fullertonalano.com](http://www.fullertonalano.com). The alano center is located at 530 W. Commonwealth Ave. near downtown Fullerton.

Opinions, letters and stories printed by the Anonymous Times are not to be attributed to Alcoholics Anonymous as a whole, nor does publication constitute an endorsement by Alcoholics Anonymous, the North Orange County Central Office, Intergroup or any group within Alcoholics Anonymous. All reprinted articles are printed with permission.

Editor/Layout: Paul H.  
Regular contributors: Nick M., Jack H.  
NOCCO Board Oversight Committee: Bob D.  
Cartoonist: Johnny G.

## BIRTHDAY DONATIONS

Fred M. ↔ 39 years  
Bill H. ↔ 31 years  
Karen M. ↔ 25 years  
Cliff M. ↔ 25 years  
In memory of Jim W.



### **PUBLISH YOUR BIRTHDAY or SOBRIETY STORY TODAY!**

Shall we put another candle on your birthday cake too? To publish your birthday, send us your name, sobriety date and your contribution check (DO NOT SEND CASH) in the mail to: North Orange County Central Office, 1661 E. Chapman Ave., Suite 1H; Fullerton, CA; 92831.

## Central Office News

### **Babs J., last surviving founder of Friendship Club in Orange, dies**

Babs J., a 43-year member of the Orange County Alcoholic Anonymous community and the last surviving founder of the Friendship Club in Orange, died in July at age 78. Her sobriety date was February 23, 1970.

Well known for her service work, Babs also took sponsorship seriously, was manager of NOC Central Office for 20-plus years and chaired the Orange County AA Convention Committee in 1998, said close friend Bruce F. "She was big on service work and sponsorship," he said.

A memorial service was held in August at the Friendship Club.

We extend our condolences to Babs' family.

### **Call for Volunteers!**

Central Office took 927 calls in June-July

501 were from men  
426 were from women



Keep up the great work — YOU make  
a difference!

## NOC Central Office BULLETIN BOARD

H&I 2 <sup>ND</sup> SUNDAY Sept. 8 and Oct. 13	NOCPIC 2 <sup>ND</sup> WEDNESDAY Sept. 11 and Oct. 9	INTERGROUP 2 <sup>ND</sup> WEDNESDAY Sept. 11 and Oct. 9	VOLUNTEER MEETING  Call for date
<p><b>Orange County Hospitals and Institutions Committee</b></p> <p>2nd Sunday of each mo. Institutions Committee: 4-5 pm (Orientation at 3:15 pm)</p> <p>Hospitals Committee: 6-7 pm (Orientation at 5:15 pm) Garden Grove Alano Club 9845 Belfast, Garden Grove Call (949) 278-5173</p>	<p><b>North Orange County Public Information Committee</b></p> <p><i>Learn about sharing the message with Non-A.A. people like high school and college students.</i></p> <p>Meets at 6:30 p.m. on the 2nd Wednesday of every month at NOCCO 1661 E. Chapman Ave., Suite 1H, Fullerton</p> <p>If you have questions, call Brian K. 714-658-4581</p>	<p><b>North Orange County Intergroup Association Intergroup</b></p> <p>Meeting at 7:30 p.m. on the 2nd Wednesday of every month at 109 E. Wilshire, Fullerton (First Christian Church)</p>	<p><b>CENTRAL OFFICE</b> <i>holds a quarterly volunteer meeting on the 2nd Saturday. every three months. Coffee and donuts provided.</i></p> <p>Learn how to fill shifts at Central Office, be of service and meet fellow volunteers.</p> <p>Call 714-773-4357 for information</p> <p>MEETING 10 A.M.</p>

**FOR MORE INFORMATION, CALL CENTRAL OFFICE AT (714) 773-4357**

### Much AA Information at [www.aanoc.com](http://www.aanoc.com)

Visit [www.aanoc.com](http://www.aanoc.com) for the latest events, meetings and other information.

The site is chock full of information, including a sobriety clock, links to meetings in Los Angeles, San Bernardino and San Diego counties, as well as links to Alcoholics Anonymous World Services Organization, Southern California GSR Service Area 9 and the AA Grapevine. Current and past issues of the Anonymous Times newsletter are also available for download from the site.

### Send Us Your Story Online!

Anonymous Times  
articles can be submitted to  
[aaletters@gmail.com](mailto:aaletters@gmail.com)



## Faithful Fivers

Carol G. • Karen M. • Cliff M. • Julie S. • Paul P. • Sherry L.  
Jan. W. • Joe P. • Kent M. • LaurelMc. • Steve D. Tammy D.  
Michele M. • Linda C. • Michael V. • Mike • Cate. C. •  
William G. • Jeanne L. Nathan J.

Faithful Fivers are A.A. Members who graciously contribute \$5.00 or more\* each month to support their local Central Office in its efforts to carry the A.A. message of hope and recovery to those alcoholics still suffering in our area. As a Faithful Fiver, your personal contribution will help make these vital services possible. The Faithful Fiver idea came about when we remembered that we wasted much more than \$5.00 a month during our drinking days.

YES! I wish to participate as a Faithful Fiver

Here is my contribution of \$ \_\_\_\_\_ for \_\_\_\_\_ months.

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Make checks payable to: NOCCO ~ 1661 E. Chapman Ave. #1H, Fullerton, CA 92831

\*Contributions are limited to \$5,000.00 per year, per member and are tax deductible under IRS Code 501(c)3

# June-July-YTD Meeting Donations

City	Day/Time	Meeting	Jun-13	Jul-13	Total
Anaheim	Sunday 10:30 a.m.	24 Hr. Group Speaker	40.00		140.00
Anaheim	Sunday 8 p.m.	Fireside Speakers			100.00
Anaheim	Monday 5:30 p.m.	Primary Purpose			140.00
Anaheim	Tuesday 6:30 p.m.	Women's 6th & 7th Step			30.00
Anaheim	Tuesday 7 p.m.	Men's Stag Hart House		20.00	20.00
Anaheim	Tuesday 7 p.m.	Women Only Hart House		20.00	20.00
Anaheim	Tuesday 7:30 p.m.	Big Book Women's Part.	60.00		60.00
Anaheim	Tuesday 8 p.m.	TNT&T	40.00		90.00
Anaheim	Wednesday 6 p.m.	Men's Stag (Victor House)		100.00	100.00
Anaheim	Wednesday 8 p.m.	Wednesday Night Men's			135.00
Anaheim	Thursday 7 p.m.	Hart House Discussion	150.00		150.00
Anaheim	Thursday 7:30 p.m.	We Got A Coffee Pot Men's	105.00	35.00	315.00
Anaheim	Friday 12 p.m.	Women's Big Book Study			40.60
Anaheim (YL)	Friday 5:30 p.m.	Happy Hour Book Study		35.00	35.00
Anaheim	Friday 6:30 p.m.	Gratitude Is An Action			120.00
Anaheim	Saturday 10 a.m.	Big Book Study			65.00
Brea	Monday 10 a.m.	Women's Discussion	75.00	85.00	347.50
Brea	Monday 5:30 p.m.	12 & 12		140.00	490.00
Brea	Tuesday 5:30 p.m.	Men's Topic Discussion	5.00	30.00	185.00
Brea	Tuesday 5:30 p.m.	Women's 10th Step HH	47.85	43.11	446.15
Brea	Wednesday 5:30 p.m.	As Bill See's It	120.00		412.80
Brea	Thursday 10:30 a.m.	Step Sisters Step Study			195.00
Brea	Thursday 5:30 p.m.	Living In The Solution	102.92		281.74
Brea	Friday 10 a.m.	Big Book Workshop	100.00		100.00
Brea	Friday 5:30 p.m.	Big Book Study		20.00	180.00
Brea	Friday 8 p.m.	Men's Topic Discussion		100.00	290.00
Brea	Saturday 10:30 a.m.	Sat. Morn. Womens AA Step		98.95	297.45
Buena Park	Monday 7:30 p.m.	Monday, Nite Buena Park	100.00		170.00
Buena Park	Friday 8 p.m.	Friday Nite Discussion	100.00		100.00
Costa Mesa	Tuesday 7:30 p.m.	Men's Last Graspers BB			51.76
Cypress	Sunday 6 p.m.	Spiritual Growth - 11th Step			152.34
Cypress	Tuesday 6 p.m.	Happy Hour		90.00	450.00
Cypress	Tuesday 7:30 p.m.	Big Book Study	70.00		175.00
Cypress	Fri 7 p.m.	Girls Night Out	35.00		70.00
Cypress	Fri 8 p.m.	Lunatic Fringe			50.00
Fullerton	Daily 6 a.m.	Attitude Modification	90.00	90.00	630.00
Fullerton	Sunday 10:30 a.m.	Sunday Morning Speaker			122.73
Fullerton	Monday 11:30 a.m.	Discussion	20.00		45.00
Fullerton	Monday 6 p.m.	Fullerton Big Book			25.00
Fullerton	Monday 6 p.m.	Monday Nite Men's @ FAC			100.00
Fullerton	Monday 6:30 p.m.	Women Living In Solution			25.00
Fullerton	Monday 8 p.m.	True Colors			21.00
Fullerton	Tuesday 7:30 p.m.	Men's Downtown 12x12		75.00	75.00
Fullerton	Wednesday 11:30 a.m.	Discussion		24.00	24.00

Fullerton	Wednesday 2 p.m.	Women's Coffee Talk		40.77	81.12
Fullerton	Thursday 6 p.m.	Men's Stag			24.00
Fullerton	Thursday 6 p.m.	Women's (24 Hr. A Day)		53.00	116.00
Fullerton	Thursday 7:30 p.m.	Kitchen Table Meeting		20.00	60.00
Fullerton	Thursday 8 p.m.	Men's Participation (Mo's)		300.00	636.67
Fullerton	Thursday ????	Womens Book Study????		66.61	66.61
Fullerton	Friday 11:30 a.m.	Participation	40.00		40.00
Fullerton	Friday 8 p.m.	Downtown Fullerton Speaker	60.00	60.00	300.00
Fullerton	Saturday 2 p.m.	Women's BB Hot Topic		58.25	128.25
Fullerton	Saturday 4:30 p.m.	Here & Now			20.00
Fullerton	Saturday 6 p.m.	Saturday Nite Live	24.00		24.00
Fullerton	Saturday 8 p.m.	Saturday Night Speaker			70.00
Garden Grove	Sunday 6 a.m.	Whole Book Study			25.00
Garden Grove	Sunday 12 p.m.	Participation	20.00	10.00	40.00
Garden Grove	Monday 8 p.m.	Serenity Girls			20.00
Garden Grove	Wednesday 8 p.m.	Not Taking A Trip			100.00
Garden Grove	Thursday 6 a.m.	Attitude Adjustment			14.00
Garden Grove	Thursday 12 p.m.	Participation			5.00
Huntington Beach	Sunday 7 p.m.	Triangle Group			40.00
Irvine	Saturday 7 p.m.	Speakers			10.00
La Habra	Sunday 10:30 a.m.	Participation			100.00
La Habra	Sunday 7 p.m.	Sober Sunday			45.00
La Habra	M-F 6:30 a.m.	Topic Discussion			100.00
La Habra	Wednesday 7:30 p.m.	Men's Stag			365.00
La Habra	Thursday 8 p.m.	Participation			120.00
La Habra	Friday 8 p.m.	Fri. Nite Beginners Basic			325.00
La Mirada	Sunday 8 p.m.	Men's BB Study	44.00		92.10
La Mirada	Tuesday 8 p.m.	Winners Circle	70.00		70.00
Los Alamitos	Daily 7 a.m.	Surrender Is Freedom	130.00	75.00	1,124.19
Los Alamitos	Sunday 4 p.m.	Happy Hour Topic Disc.			105.00
Los Alamitos	Sunday 6 p.m.	Big Book Study			60.00
Los Alamitos	Wednesday 7 p.m.	Wednesday Night Women's			75.00
Los Alamitos	Wednesday 8 p.m.	Sobriety 1st			40.00
Orange	Sunday 8:30 a.m.	Attitude Adjustment		100.00	100.00
Orange	Sunday 7:30 p.m.	Discussion			48.60
Orange	Monday 6:30 a.m.	Taking Care Of Business			100.00
Orange	Monday 12 p.m.	12 & 12 Steps/Trad.			160.00
Orange	M-F 5:30 p.m.	Monday Rush Hour			200.00
Orange	M - F 5:30 p.m.	Tustin Rush Hour	60.00		420.00
Orange	M-F 5:30 p.m.	Thursday Rush Hour	150.00		150.00
Orange	Monday 7 p.m.	Women's Exp./Str./Hope		119.23	266.05
Orange	Tuesday 7 p.m.	Tuesday Old School Bk Std	30.00		80.00
Orange	Wednesday 6:30 a.m.	Early Bird / Kick Start			85.00
Orange	Wednesday 12 p.m.	Crawl Before No One			115.00
Orange	Wednesday 7 p.m.	Easy Does It			70.00
Orange	Thursday 6:30 a.m.	Early Bird / Donut Meeting			100.00
Orange	Thursday 7 p.m.	Men's (Mariposa)			100.00
Orange	Thursday 7:30 p.m.	All About Me Men's Stag	400.00		500.00
Orange	Friday 6:30 a.m.	Smashing Donuts		75.00	75.00

Continued on Page 8

### Tradition One ... From Page 3

an easy one to see, but also an easy one to lose track of. And how do I know when I might possibly be thinking that I'm more important than someone else in AA – usually it is because I am feeling a little warm in the face and my ears, and I can feel my blood pressure rising and pounding in my ears and – I am angry! Someone has deviated from their rightful place – that of being in total agreement with me!

The next lesson I learned about Unity – it doesn't necessarily mean agreement. In AA, I have come to understand that, (NO!) I am often wrong, or at the very least, out of step with the Group. This Tradition serves to remind me that for all those times I have held the Group in thrall with my tearful expressions of gratitude for AA, there comes a time when I must actually practice that gratitude with my actions – doing what is best for the Group and AA as a whole.

If you want to read more about the history behind the development of the 12 Traditions, and Bill's essays presenting the Traditions to the Fellowship in the AA Grapevine, you can go to the AA Grapevine Digital Archive at [www.aagrapevine.org/da/](http://www.aagrapevine.org/da/) and sign up, (\$20 for one year, or \$4 for one month) to the AA Grapevine online archive in which you can search on any topic from the AA Grapevine, (excepting the current year issues).

Next article: Tradition Two – Oh, No! Leaders & Authority

**Nick M., member  
Gratitude is an Action Group**

*Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS) and the AA Grapevine.*

### Meeting Donations ... From Page 7

City	Day/Time	Meeting	June-13	July-13	Total
Orange	Friday 8 p.m.	No Puffers Speaker		80.00	245.00
Orange	Saturday 2 p.m.	Discussion			40.00
Orange	Saturday 10 p.m.	Candlelite Discussion			100.00
Placencia	Sunday 8:30 a.m.	Right Start	100.00	100.00	420.00
Placencia	Monday 8 p.m.	Unmanageables		100.00	150.00
Placencia	Thursday 10:30 a.m.	Women's Stepping Stones	100.00		200.00
Tustin	Thursday 9 a.m.	Women's Step Study		60.00	150.00
Villa Park	Daily 7:30 a.m.	24 Hr. Group		97.33	233.19
Whittier	Sunday 8 p.m.	Sunday Night Step Study	15.00		15.00
Whittier	M-F 7 a.m.	Attitude Adjustment	25.00		73.00
Whittier	Monday 7 a.m.	Attitude Adjustment		25.00	25.00
Whittier	Tuesday 7 p.m.	No Nonsense 12 x 12			20.00
Whittier	Wednesday 7 p.m.	Participation			25.00
Whittier	Wednesday 7 p.m.	Women's Winners			30.00
Whittier	Thursday 8 p.m.	The Den Book Study			25.00
Whittier	Friday 7 a.m.	Attitude Adjustment		30.00	30.00
Whittier	Friday 7 p.m.	Big Book Study			60.00

## Sign Up Now for H&I

To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution, North Orange Hospitals & Institutions meets the second Sunday of every month at the Garden Grove Alano Club, 9845 Bel- fast, Garden Grove. Institutions Com- mittee meets 4-5 p.m.

Hospitals Committee meets 6-7 p.m. Call 949-278-5173 for more informa- tion.

## Mistakes, We've Made a Few

Just in case you find any mistakes in this newsletter, please remember they were put there for a purpose.

We try to offer something for everyone. Some people are always looking for mistakes and we didn't want to disappoint you.

**Bob D., Newsletter Oversight**

Whittier	Saturday 10:30 a.m.	Women's Acceptance	25.00	50.00	175.00
Whittier	Saturday 7:30 p.m.	Whittier Sat. Night Speaker	31.00	40.00	131.00
Yorba Linda	Daily 6 a.m.	Attitude Modification	833.63	852.31	5,951.07
Yorba Linda	Monday 12 p.m.	Step Study			233.80
Yorba Linda	Tuesday 7:30 p.m.	Women's Discussion			120.00
Yorba Linda	Tuesday 8 p.m.	Ohio Street Winners		70.00	452.00
Yorba Linda	Wednesday 12 p.m.	Noontimers	164.00		668.70
Yorba Linda	Wednesday 7 p.m.	Women's Big Book Study		100.00	250.00
Yorba Linda	Wednesday 7:30 p.m.	Big Book Study			60.00
Yorba Linda	Thursday 7 p.m.	Solutions (Women's)	105.00		210.00
Yorba Linda	Thursday 7:30 p.m.	Participation			300.00
Yorba Linda	Friday 12 p.m.	Daily Reflections			208.00
Yorba Linda	Friday 5:30 p.m.	Happy Hour			94.00
Yorba Linda	Friday 8 p.m.	Friday Night Ohio Winners	105.00		315.00
Yorba Linda	Saturday 8:30 a.m.	It's In The Book		212.10	302.10
**no info**		**no info**			50.00
		<b>TOTAL GROUPS:</b>	<b>3,792.40</b>	<b>3,800.66</b>	<b>25,396.52</b>



## SPEAKER MEETINGS: September/October 2013

Anonymous Times would like to publish your list of speakers for November/December 2013.

Deadline for publication is October 15, 2013. Email: [aaletters@gmail.com](mailto:aaletters@gmail.com).

Friday  
8 p.m. Downtown Speakers (1 Hour)  
109 E. Wilshire, Fullerton 92632 (1st  
Christian Church)

September 6 Shannon M., Fullerton  
September 13 Jerry S., Yorba Linda  
September 20 Sharron B., Anaheim  
September 27 Jeremy S., Fullerton  
October 4 Julie L., Fullerton  
October 11 John H., Costa Mesa  
October 18 No meeting this night  
October 25 Joe D., Yorba Linda  
November 1 Carol N., Brea  
November 8 Jack H., Brea

Friday  
8 p.m. New St. Jude's Speaker  
(Formerly St. Jude Speaker)  
1830 W. Romneya Dr. @ Euclid (Room  
105)

*Hear a great speaker share about sobriety every Friday.*

Friday  
8 p.m. La Habra Speaker  
631 North Euclid St., La Habra, CA 90631  
September 6 Ted C., Los Angeles  
September 13 Theresa F., N Hollywood  
September 20 James P., Orange  
September 27 Richard W., Long Beach  
October 4 Jerry R., Redondo Beach  
October 11 Maria, Baldwin Park  
October 18 Bob L., Corona  
October 25 Dave B., Newport Beach  
November 1 Honey T., Costa Mesa  
November 8 Carol M., Orange  
November 15 Doug R., Tujunga  
November 22 Fred L., Brea  
November 29 Chili Dog George, Canyon Lake

Friday  
8 p.m. No Puffers Speaker  
395 S. Tustin St., Orange  
*Hear a great speaker share about sobriety every Friday  
night.*

Saturday  
8 p.m. Visiting Speakers  
1221 Wass St., Tustin (St. Paul's Church)

Saturday  
8 p.m. Oddfellows Speaker  
109 E. Wilshire, Fullerton 92632  
*Hear a great speaker share about sobriety every Saturday  
night.*

Saturday  
8 p.m. Liverpool Speaker  
4861 Liverpool @ Yorba Linda Blvd  
*Hear a great speaker share about sobriety every Saturday.*

Sunday  
**10:30 a.m.** Fullerton Alano Center  
530 W. Commonwealth, Fullerton  
September 1 Sheila F., Long Beach, Jerome S., Corona  
September 8 Steven G., Long Beach  
September 15 Carol M., Orange  
September 22 Ray M, La Puente  
**September 29 BIRTHDAY SUNDAY**  
October 6 Cindy F., Downey  
October 13 Robert F., Orange  
October 20 Carter S., Gardena  
**October 27 BIRTHDAY SUNDAY**  
November 3 Joe B., Irvine  
November 10 Fran S., Santa Clarita  
November 17 Marilyn S., Pacific Group  
**November 24 BIRTHDAY SUNDAY**

Sunday  
8 p.m. Fireside Speaker Meeting  
641 S. Western Ave. Anaheim CA 92804  
*Hear a great speaker share about sobriety every Sunday.*

Wednesday  
8 p.m. Fullerton Alano Center  
530 W. Commonwealth, Fullerton  
*Hear a great speaker share about sobriety every Wednesday.*

Thursday  
8 p.m. Pioneer Speaker  
202 W. Broadway, Anaheim  
*Hear a great speaker share about sobriety every Thursday.*



To include meetings, we need your  
speaker lists by **October 15, 2013.**

# Captured Quips from California Jack

*The wit and wisdom of Bill and Bob's friends*

*From the Big Book of Alcoholics Anonymous, pg 129; "Dad may feel that for years his drinking has placed him on the wrong side of every argument, but that now he has become a superior person with God on his side."*

*- I was told to remember that my job is to stay sober and that life happens while I'm doing my job.*

*- My family took the Fun out of dysFUNCTIONal.*

*- I expected an attaboy for doing my job because I'm such a special guy. Of course, I was the only one who knew it.*

*- I was told not to label, criticize, or judge today and I had to ask myself, "Now what do I think about?"*

*- Don't get so spiritually high that you're no earthly good.*

*- Some people think that God is some kind of celestial slot machine. You put in a couple of prayers, pull the lever, and expect to hit a jackpot.*

*- Oh Yeah! You're unique – just like everyone else.  
- Nothing is so thin that it doesn't have two sides.*

*- There is utility in humility.*

*- Okay. It's time to take off the God suit.*

*- I suffer from optical rectitus – that means I have a crappy outlook.*

*- Nowadays I do my best to give others the right to be wrong.*

*- It's hard for me to be spiritual when I'm mentally rehearsing putting my foot up somebody's butt.*

*- Pray as if God does everything and work as if God does nothing.*

*- If you want to be heard, speak up. If you want to be seen, stand up. If you want to be appreciated, shut up.*

*And Just For Fun –*

*Q. What did the man with a slab of asphalt under his arm order? A. A beer and one for the road.*

*Do you have a quote that you think should be added to the list? Send it to California Jack at Golden.Buckeye@yahoo.com*

## Four Years Sober and Now Happy

Four years ago I entered a Chemical Dependency Recovery Program desperately seeking help with an alcohol problem I couldn't seem to fix on my own. After 25-plus years of heavy drinking, I had finally reached a point where I couldn't stand it anymore.

I had many health problems including high blood pressure, chronic acid reflux, peripheral neuropathy, and painful gout attacks where I could hardly walk. I was feeling miserable in my job, my marriage, and my life. I drank to relieve anxiety, depression, and feelings of inadequacy, but the drinking didn't seem to work like it used to. It was now making things worse.

I wouldn't believe I was an alcoholic. That word scared me! I was functioning well, I thought - never lost a job because of my drinking, had no DUIs, and no one was forcing me to get into treatment. But most mornings I would struggle not to puke as I tried to brush my teeth. I couldn't get to sleep without drinking.

I regularly would awaken at 3 AM, wide awake and anxious, then would down four more shots so I could get more sleep before going to work. For a long time I didn't connect my shaky hands at work with my drinking. My job required precise hand-work often while others watched me. I learned to find ways to compensate for my shaky hands or avoid working under supervision. I routinely

suffered through hangover symptoms at work, but managed to hide my problem from most people for a long time.

My life had turned into a repeating cycle of struggling through morning hangovers, anxiety and cravings for a drink building throughout the afternoon, and rushing home to get those first couple double-whiskeys starting my evening of drinking. The amount I drank was progressing. I had held pretty steady for years at about 10 to 12 drinks per day, but then it was a fifth of whiskey, then often a liter, and much more when I was feeling particularly stressed. Most people except my wife didn't know how much I drank. I drank mostly at home in seclusion.

Over the years I **Continued on Page 11** had repeatedly

## GSO Opposes Efforts to Memorialize Bill W. with Postage Stamp

MEMORANDUM! GRAND CENTRAL STATION

TO: General Service Conference Members

FROM: Phyllis Halliday, General Manager

DATE: July 19, 2013

RE: Petition for Bill Wilson Commemorative Stamp

Dear Friends:

Warm Greetings from G.S.O.!

We have recently been made aware of an effort made by several non-A.A. organizations who have petitioned the U.S. Postal Service to develop a Bill Wilson commemorative stamp (a photo of Bill). The copy of their petition that was forwarded to us also suggested that if such a stamp is created, it would be "unveiled during the 2015 International Convention of Alcoholics Anonymous in Atlanta, GA (July 2-5, 2015)."

We are writing to let you know that the General Service Board of Alcoholics Anonymous and the General Service Office, which coordinate the International Convention, have not been contacted directly regarding this. Furthermore,

there are no such plans in place, nor will there be, to include this as part of our upcoming convention.

A letter to the appropriate department at the U.S. Postal Service has been dispatched, explaining our principle of anonymity, and clarifying that this effort is not endorsed or supported by Alcoholics Anonymous.

As you all know, our organization cherishes the principle of personal anonymity of our members, both living and deceased. Our founders believed, as Bill said in a letter to a newspaper editor in 1950, that "personal success in the A.A. program requires humility, that we have no right to claim distinction for the gift of sobriety."

Bill W. wrote that before Dr. Bob died, they both firmly agreed that neither one of them would accept public honors for A.A. work. Bill felt that "such an example, set before future generations of power-driving A.A. members, might prove to be worth more than any prestige which such honors could confer upon either of us. This was our estimate, and I still believe it to be the right one." (Letter, February 1960)

We send our gratitude for your continued service to Alcoholics Anonymous and hope this information is helpful to you. Should you receive questions or concerns about this matter, please contact our Public information desk at [publicinfo@aa.org](mailto:publicinfo@aa.org).

### Letter of Hope ... From Page 10

failed at attempts to drink moderately. My attempts to abstain on my own were short-lived and as a "dry drunk" with much anticipation for the day I could drink again.

When I got into treatment I met people with long-term sobriety who were enjoying their lives and I found hope that it could work for me too. I began to build a personal recovery program unique to me. Despite initial reservations about AA, I began to try different groups and eventually found AA a valuable addition to my program. I followed the idea in the phrase "Take what you can use and leave the rest." I got a sponsor and worked through the 12 steps.

A big challenge for me was sharing in

groups in spite of social anxiety and low self-esteem. I was very uncomfortable and often hardly said a word, but I kept going back and made persistent attempts at sharing more and more. I learned to be more open and honest and to let people see more of the person I kept so private.

A major benefit of my recovery is a happier marriage. Over the years my wife and I had grown apart and argued frequently. I've worked at understanding her more, to practice more acceptance, to communicate better, and to apologize quicker. We are finding things we like to do together again. We will celebrate our 32-year anniversary this year and are enjoying being retired together.

When I gave up alcohol it was important to fill the void with other things. One important thing has been service work. I began volunteering at the Senior Center, Big Brothers Big Sisters, and the local community garden.

I reached out to fellow alcoholics. This was counter to my tendency for isolation and feelings of shyness, but has brought much pleasure and meaning to my life.

Today I greet most mornings with joy and much gratitude. My life is immensely better now and I look forward to many more sober days.

**Gerry B.**

# 1<sup>st</sup> Annual Gratitude Dinner FUNDRAISER

North Orange County Central Office  
SATURDAY, NOVEMBER 9, 2013

5:30 PM – 10:30 PM

**Dinner/Speaker Meeting**

\$20.00 per person

**UFCW Union Hall  
8530 Stanton Avenue  
Buena Park, CA 90622**

Dinner: 5:30 PM

Speaker: Clancy I. (55 years sober)

Live Easy Listening Music by the Pleasuretones  
50 / 50 Drawing

**Tickets** at NOCCO – 1661 E. Chapman Avenue #1H, Fullerton, CA 92831

All proceeds from this event will benefit your Central Office – North Orange County Central Office of Alcoholics Anonymous (NOCCO)

\*\*\*\*\*

## **NOCCO FUNDRAISER**

\$20.00 by 10/15/13 or \$25.00 at door

# of tickets: \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

\_\_\_\_\_

Name

\_\_\_\_\_

Address

Please return this portion with your check payable to NOCCO – AA