

Anonymous Times

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Volume 18, Issue 6

November/December 2012

Chattin' with Cathy ~ Happenings at NOCCO

Our new office is beautiful and we are nicely settled in. If you have not had the opportunity to visit us yet, please do so at your earliest convenience.

FAITHFUL FIVERS:

Thank you to all of our Faithful Fiver participants. Faithful Fivers are AA members who graciously contribute a minimum of \$5.00 to support Central Office in carrying the message to alcoholics who are still suffering. As a Faithful Fiver, your personal contribution helps to make our vital message of hope and recovery possible. The Faithful Fiver idea came about when members remembered that "we wasted much more than \$5.00 a month on our drinking".

"When we meet and defeat the temptation to take large gifts, we are only being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with all those who still suffer". (Bill W. ~ Reprinted from The Language of The Heart with permission from the AA Grapevine, Inc.)

OLDTIMERS DINNER & SPEAKER MEETING:

We would like to thank everyone who participated – a good time was had by all. Such a Blessing to hear our members with 25+ years of continuous sobriety share their experience, strength and hope with us.

END OF THE YEAR SALE:

We will be having an End Of The Year Sale, on Saturday December 15th – all items 10% off ~ no rain checks (applies to in stock items only).

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Holiday Dinner. Meeting Scheduled for Dec. 7

Ho...Ho...Ho!

The Yuletide spirit is upon us once again. In celebration, North Orange County Central Office will hold a holiday party at First Christian Church, 109 E. Wilshire Ave., Fullerton.



The fundraising event, to be held Friday, Dec. 7 beginning at 7 p.m., will feature dinner, speaker meeting and 50-50 raffle.

And who knows, a certain old gent in beard and red suit may make an appearance. Call Central Office at (714) 773-4357 for more information.

North Orange County Central Office

1661 E. Chapman Ave., Suite 1H
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Open 7 Days 9am–9pm

PHONE: (714) 773-4357 (24 hrs.)

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NOC Central Office January thru August 2012 vs. 2011

Revenue	Y-T-D through August 2012	Y-T-D through August 2011
Total AA Sales	\$22,880.28	\$25,362.01
Total Non-AA Sales	\$22,220.88	\$19,886.60
Total Donations	\$33,881.87	\$36,313.37
Total Fundraisers	\$5,675.50	\$2,190.00
Rental Income - Suite C	\$343.00	\$-
Interest	\$3.90	\$126.43
Total Revenue	\$85,005.43	\$83,878.41
Total Cost of Sales & Direct Costs	\$28,824.84	\$28,257.75
Gross Profit	\$56,180.59	\$55,620.66
Operating Expenses		
Salaries	\$27,142.50	\$25,712.50
Bank Charges	\$133.29	\$46.00
Bad Checks	\$-	\$-
Cash short\over	\$(1,003.41)	\$36.15
Computer Expenses	\$1,215.38	\$541.06
Credit Card Discounts	\$1,272.70	\$-
Depreciation	\$95.84	\$172.00
Member Benefits	\$474.86	\$-
Insurance-General Liability	\$1,328.00	\$2,482.76
Insurance - Work Comp	\$(1,962.41)	\$3,334.22
Insurance - Medical	\$2,000.00	\$1,830.00
Interest Expense	\$-	\$-
Legal & Accounting	\$1,575.00	\$1,400.00
Licenses	\$-	\$-
Newsletter Cost	\$1,422.32	\$1,522.52
Office Supplies	\$2,096.19	\$2,009.22
Postage	\$115.38	\$27.92
Penalties-Tax Payments/Filings	-	\$32.58
Rent-Office Space	\$9,700.00	\$12,400.00
Rental of Equipment	\$-	\$1,208.42
Relocation/Moving Costs	\$2,341.62	\$-
Repairs & Maintenance	\$1,360.56	\$176.90
Taxes- Payroll	\$2,195.36	\$2,190.93
Taxes- Annual Filings	\$80.00	\$80.00
Telephone	\$2,367.52	\$2,919.86
Utilities	\$956.81	\$1,673.16
Total Operating Expense	\$54,907.51	\$59,796.20
Other Income and Expense	\$-	\$-
Net Income/(Loss)	\$1,273.08	\$(4,175.54)

Chattin' With Cathy ... From Page 1

HOLIDAY OFFICE CLOSURE:

The Office will be closed on Thanksgiving Day and Christmas Day. The phones will be answered by off-site call-forwarding volunteers.

VOLUNTEERS:

I would like to personally thank all of our wonderful volunteers for suiting up and showing up no matter what at NOCCO. We have volunteers working in the office, we have call-forwarding volunteers, we have committee volunteers and we have a volunteer board. We are always in need of volunteers, this is a great way to give back some of what has so freely been given to us.

TRAINING:

Our next training meeting will be Saturday November 10th here at Central Office. We will be serving coffee, donuts, fellowship and fun. Come see if this is something you think you might be interested in. The training is for current volunteers (refresher course), new volunteers and members interested in being volunteers.

MEETING/GROUP DONATIONS:

On behalf of NOCCO I would like to thank all of our meetings for their very generous contributions. Please be sure to include your meeting name (as listed in the directory), city, day and time so that proper credit can be given to your meeting donation. Central Office does not use a group number; that is for New York only. If your meeting has donated and you do not see the contribution listed in The Anonymous Times and on the spreadsheet handed out monthly at each Intergroup Meeting, please call the office 714.773.4357 (773-HELP) or email me at officemanager@aanoc.com.

OUTREACH COMMITTEE:

We have approximately 390 meetings in the North Orange County area and we have about fifty (50) Intergroup Reps. We now have a committee reaching out to meetings who do not have a rep. If you would be

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NOCCO Board Oversight Committee: Jim S.
Cartoonist: Johnny G.; Chief Proofreader: 86 proof

Tradition 10 - Avoiding Outside Issues

From Oct. 2008 Lifeline

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Tradition 10, P. 562, Alcoholics Anonymous

What, exactly, is an outside issue in the program of Alcoholics Anonymous?

Since those who assembled our Traditions were aware there might be some confusion on this subject, they took the time and put forth the effort to simplify it. In the long form of this Tradition, on Page 565 of the Big Book, we are told "No A.A. group or member should ever, in such a way as to implicate A.A., ex-press any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion."

Because many A.A. groups are struc-



tured, arguments on the three specified subjects are few and far between. Most Big Book study groups stick to the text. So do many of the Twelve and Twelve groups. But that leaves a lot of open participation groups and open discussion groups as particularly vulnerable to those with an ax to grind.

In recent years we have seen groups torn asunder by disputes over religious affiliation. A.A. members, disenchanted with out-spoken political views in

group meetings, have abandoned one meeting and sought haven elsewhere. A member's joke about Mothers Against Drunk Drivers created havoc in yet another group.

There are other areas where A.A. members should use caution. Some meetings read a little card that asks members to "confine their remarks to their problems with alcohol" but that doesn't register with members who wish to make their use of heroin or cocaine a part of their story in meetings of Alcoholics Anonymous.

In the early 1980s, this member was at a meeting where a man said he wasn't drinking but was using "a little bit of pot." He barely got the words out when a member shouted he couldn't talk about drug use. "This is Alcoholics Anonymous," he was told.

These little essays usually see some review by my sponsor, a sponsee or two or by someone whose counsel I trust. The piece you're reading drew a negative reaction from a long-time member who said that the reprimand directed to the marijuana user was ill-advised and demon-

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Chattin' With Cathy ... From Page 2

interested in being a rep or being a part of this committee please email the me at officemanager@aanoc.com. Why does your meeting need an intergroup rep? To have a voice, to have a vote, to know what is going on in your AA community. Every AA group in North Orange County is automatically a member of the NOCCO Intergroup Association.

FUNDRAISERS:

We would like to personally thank each of you for participating and contributing to our fundraisers this past year – YOU matter and YOU do make a difference! Stay tuned for more information and flyers on our 2013 fundraisers. If you would like to be on this committee (Activity Committee) please email me at officemanager@aanoc.com or call the office at 714.773.4357 (714-773-HELP).

INTERGROUP BOARD ELECTIONS:

Nominations will be January 2013. Intergroup seeks service minded individuals to fill Board Member positions. Any

member of AA may be nominated, provided the nominee has at least two (2) years of sobriety. The commitment is for two (2) years.

The Board meets the 1st Wednesday of every month at Central Office, and attends our monthly Intergroup meeting, 2nd Wednesday of every month. This is a time consuming commitment. In addition to the 2 monthly meetings, Board members also serve on committees and attend activities involving NOCCO and other pertinent activities. More details will be handed out at the December Intergroup meeting.

In gratitude,
Cathy M.
NOCCO Office Manager

UPCOMING EVENTS!

NOCCO Announces Holiday Closures

North Orange County Central Office will be closed for Thanksgiving on Thursday, Nov. 22 and again on Christmas, Tuesday, Dec. 25. Phones will continue to be answered around the clock on those days.

The holidays can be especially troublesome for newly sober individuals and those trying to quit drinking. People are encouraged to call the regular office number at (714) 773-4357 if they need support. Also, local Alcoholics Anonymous clubs, including the Fullerton Alano Center at 530 W Commonwealth Ave. in Fullerton, are open and have special events like marathon meetings and dinners. Phone FAC at (714) 992-0988.

The Friendship Club at 2191 N Orange-Olive Road in Orange is another place to find fellowship during the holidays. Phone (714) 637-9860 for the schedule of events there.

Annual AA Convention to be March 29-31, 2013

"Be part of the Dream in 2013 is the theme of the 28th Annual Orange County Alcoholics Anonymous Convention with Alanon participation. The event will be held at the Hilton Hotel in Costa Mesa March 29, 30 and 31, 2013.

Open planning meetings are being held at the Roque Center, 9842 13th St., Garden Grove on the third Wednesday of each month. The next meetings will be held on Nov. 21 and Dec. 19, 2012 beginning at 7 p.m.

As always, if you can talk, stand, sit, smile, saw, paint, hammer, drive, file, type, count or tell jokes, your help is welcome. Visit www.ocaa.org for more information.

Easy Does It

CHECK IT OUT – DUDE! YOUNG PEOPLE'S A.A. MEETINGS!

Sunday

Anaheim	12+12 Young People 8 p.m.	202 W. Broadway (@ Lemon)
Fountain Valley	Youth in Recovery 1 p.m.	16581 Brookhurst St. Fountain Valley, CA
Orange	Young People's Dis- cussion 7 p.m.	820 W. Town & Country Rd. (Mariposa Women's Center),

Monday

Costa Mesa	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
	Women's Monday FUNDAY 8 p.m.	420 W. 19th St. (1st Methodist Church near Triangle Square),
Irvine	Wild Bunch Men's Step Study 7:30 p.m.	5001 Newport Coast Dr c/s Bonita Cyn (Mariners Church-Port Kid Zone room)

Tuesday

Costa Mesa	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
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Wednesday

Yorba Linda	Topic Discussion 8 p.m.	18372 Lemon Drive @ imperial Hwy (1st Baptist Church)
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Thursday

Costa Mesa	We are Not Saints 3 p.m.	2701 Fairview Rd. (Stu- dent Health Center Rm. 108)
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Friday

Anaheim Hills	Discussion 8 p.m.	411 Lakeview Ave. (@91 Freeway Medical Office building in base- ment)
Huntington Beach	Seacliff 7 p.m.	225 7th St. Garage #1
Tustin	Turning the Corner 7:30 p.m.	1221 Wass St, 92780

Saturday

Newport Beach	Hoag Hut Speaker	201 Newport Blvd.
Long Beach	Nite Owls 10:30 p.m.	4019 E. 4th St.

CALENDAR of EVENTS

We are not a glum lot...Show up and maintain an active role in your sobriety....

November

Nov. 9-11; **34th Annual AA & Al-Anon Couples Weekend**; El Carmelo Retreat Center; 926 E Highland Avenue, Redlands, CA 92373

Nov. 17; **24th Annual Heritage Day**; 1pm - 4 pm; presented by MSCA Area 9 Archives Committee; First Christian Church; 109 E. Wilshire Ave., Fullerton, CA 92632

Thurs., Nov. 22; **Thanksgiving**; check with Fullerton Alano Center for information about special events; 530 W. Commonwealth Ave., Fullerton; (714) 992-0988 for more information.

December

Fri., Dec. 7; **NOCCO Holiday Party and Fundraiser; 7 p.m. First Christian Church**; 109 E. Wilshire Ave., Fullerton; dinner, speaker meeting; all welcome; call Central Office at (714) 773-4357 for more information.

Tues., Dec. 25; **Christmas**; check with Fullerton Alano Center for special events; 530 W. Commonwealth Ave., Fullerton; (714) 992-0988 for more information.

Seniors in Sobriety Conference Planned

Mark your calendar now for the Seniors in Sobriety 2012 International Conference, to be held March 14-17, 2012 in Yuma, AZ.

The convention, to be held at the Hilton Garden Inn Yuma/Pivot Point, promises fun, fellowship, education and sharing. The event will feature Al-Anon participation.

For more information, email Mickey W. at mickey.white@gm.com, or visit www.bit.ly/sisconference. You can also call (928) 783-1500.

BIRTHDAY DONATIONS

Erica D.	↔	20 years
Allie A.	↔	5 years
Michelle M.	↔	5 years
Sabrina B.	↔	4 years
Mike Mc.	↔	3 years



PUBLISH YOUR BIRTHDAY or SOBRIETY STORY TODAY!

Shall we put another candle on your birthday cake too? To publish your birthday, send us your name, sobriety date and your contribution check (DO NOT SEND CASH) in the mail to: North Orange County Central Office, 1661 E. Chapman Ave., Suite 1H; Fullerton, CA; 92831. Email: officemanager@aanoc.com.

Central Office News

A Special Thanks for Support

Thank you to all of our supporters. Your gracious pledges help NOCCO to carry the A.A. Message of hope and recovery to alcoholics still suffering in the North Orange County area. Special thanks for the \$1,000 contribution from the 2012 NOCAA Women's Banquet.

Additional thanks to EVERYONE who attended and participated in our Old-timers Dinner & Speaker meeting fundraiser, which was held on October 19.

The next fundraiser will be our holiday sale on Saturday, December 15. A 10% discount will be applied to all purchases. Central Office is located at 1661 E. Chapman Ave., Suite 1H, Fullerton, CA 92831. Phone (714) 773-4357.

Call for Volunteers!

Central Office took 937 calls in July and August.

475 were from men
462 were from women



Keep up the great work — YOU make a difference!

NOC Central Office BULLETIN BOARD

H&I 2 ND SUNDAY Nov 11 and Dec. 9	NOCPIC 2 ND WEDNESDAY Nov 14 and Dec. 12	INTERGROUP 2 ND WEDNESDAY Nov 14 and Dec. 12	VOLUNTEER MEETING November 10
<p>Orange County Hospitals and Institutions Committee</p> <p>2nd Sunday of each mo. Institutions Committee: 4-5 pm (Orientation at 3:15 pm)</p> <p>Hospitals Committee: 6-7 pm (Orientation at 5:15 pm) Garden Grove Alano Club 9845 Belfast, Garden Grove Call (949) 278-5173</p>	<p>North Orange County Public Information Committee</p> <p><i>Learn about sharing the message with Non-A.A. people like high school and college students.</i></p> <p>Meets at 6:30 p.m. on the 2nd Wednesday of every month at NOCCO 1661 E. Chapman Ave., Suite 1H, Fullerton</p> <p>If you have questions, call Brian K. 714-658-4581</p>	<p>North Orange County Intergroup Association Intergroup</p> <p>Meeting at 7:30 p.m. on the 2nd Wednesday of every month at 109 E. Wilshire, Fullerton (First Christian Church)</p>	<p>CENTRAL OFFICE <i>holds a quarterly volunteer meeting on the 2nd Saturday. every three months. Coffee and donuts provided.</i></p> <p>Learn how to fill shifts at Central Office, be of service and meet fellow volunteers.</p> <p>Call 714-773-4357 for information</p> <p>MEETING 10 A.M.</p>

FOR MORE INFORMATION, CALL CENTRAL OFFICE AT (714) 773-4357

**28th Annual Orange County Convention Hilton Hotel Costa Mesa
March 29. 30 and 31, 2013**

**OPEN PLANNING MEETINGS at the Roque Center, 9842 13th St.,
Garden Grove, CA**

7:30 p.m. Third Wednesday of each month: Nov. 21, Dec. 19, 2012;

January 16, 2013; Feb. 20, 2013. March 27, 2013 meeting at hotel

YOUR HELP IS NEEDED! www.ocaa.org

**Send Us Your Story
Online!**

Anonymous Times
articles can be submitted to
aaletters@gmail.com



Faithful Fivers Get High Fives For Support!!!

What are Faithful Fivers?

Laurel Mc. • Steve D. • Tammy D. • Michele M.

• Linda C. • Michael V. • Mike • Cate. C.

William G. • Jeanne L.

Faithful Fivers are A.A. members who pledge at least \$5.00 each month toward the support of their local Central Office. This idea is catching on around the country. In the publication of the Tucson Area Intergroup, Just For Today, a story noted that "the plan is used in several other cities and came about when we remembered that many of us had spent more than \$5.00 every week on alcohol during our drinking days."

PAYMENT PLAN: I agree to pledge and here is my contribution of \$ _____ for _____ months.

NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

Make checks payable to North Orange County Central Office (NOCCO)

Mail checks to 1661 E. Chapman Ave., Suite 1H., Fullerton, CA 92831

JULY/AUGUST Meeting Donations

City	Day/Time	Meeting	Jul-12	Aug-12	YTD
Anaheim	Sun 10:30 A	24 Hr. Speaker Meeting	50.00	50.00	360.00
Anaheim	Sun 8:00 P	Fireside Speakers		100.00	100.00
Anaheim	Wed 6:00 P	Men's Stag (Victor House)	70.00		130.00
Anaheim	Wed 8:00 P	Wed Night Men's		32.20	32.20
Anaheim	Th 7:30 P	We Got A Coffee Pot - Men	70.00	35.00	350.00
Anaheim	Fri 12:00 P	Women's Big Book Study		72.10	72.10
Anaheim	Fri 6:30 P	Gratitude Is An Action		74.80	164.80
Anaheim	Sat 10:00 A	Big Book & 12x12 Study		44.00	129.00
Ana Hills	Mon 7:00 P	Women's E/S&Hope		120.00	594.00
Ana Hill/YL	Wed 7:00 P	Women's Big Book Study			78.00
Ana Hills	Wed 7:30 P	Wed. Night Book Study	100.00		300.00
Ana Hills	Th 7:00 P	Women's Solution			290.50
Ana Hills	Sat 8:30 A	It's In The Book		60.00	300.00
Ana Hills	Sat 6:00 P	Winner Circle (Kaiser)			120.00
Brea	Mon 10:00 A	Women's Discussion		125.00	550.00
Brea	Mon 5:30 P	12 & 12 Meeting	53.00	41.00	470.00
Brea	Mon 6:30 P	Jeannes Big Book	328.00		328.00
Brea	Tue 5:30 P	Women's 10th Step Hap Hr.	151.87		668.11
Brea	Tue 5:30 P	Men's Topic Discussion	28.00	42.00	323.90
Brea	Wed 5:30 P	As Bill See's It		60.00	353.83
Brea	Th 10:30 A	Step Sisters Step Study	98.00	50.00	148.00
Brea	Th 5:30 P	Living In The Solution	70.00		327.60
Brea	Fri 5:30 P	Big Book Study			371.00
Brea	Fri 7:30 P	Over 50 & Sober			300.00
Brea	Fri 8:00 P	Men's		65.00	220.00
Brea	Sat 10:30 A	Women's AA Step Study		131.92	331.92
Buena Pk	Mon 7:30 P	Monday Night Cypress			40.00
Cypress	Tue 6:00 P	Happy Hour BB Study	90.00		450.00
Cypress	Fri 8:00 P	Friday Night Lunatic Fringe	60.00		60.00
Fullerton	Daily 6:00 A	Attitude Modification		90.00	630.00
Fullerton	Sun 10:30 A	Sunday Morning Speaker			170.60
Fullerton	Sun 5:00 P	Sunday Night Survivor		45.00	95.00
Fullerton	Sun 8:00 P	Discussion			113.00
Fullerton	Mon 11:30 A	Discussion	14.00		14.00
Fullerton	Mon 6:00 P	Mon Nite Men's Stag @ FAC	52.25	50.00	192.25
Fullerton	Mon 6:00 P	Fullerton Big Book			25.00
Fullerton	Mon 6:30 P	Women Living In Solution			106.00
Fullerton	Mon 8:00 P	True Colors			5.34
Fullerton	Tue 1:30 P	H.O.W. Women's Disc.			52.06
Fullerton	Wed 2:00 P	Women's Coffee Talk			60.00
Fullerton	Th 11:30 A	12 x 12 Study		20.00	20.00
Fullerton	Th 6:00 P	Women's (24 Hour)		42.70	42.70
Fullerton	Th 6:30 P	Women's Drop The Rock			76.60
Fullerton	Th 7:30 P	Kitchen Table Meeting	25.00	30.00	55.00
Fullerton	Th 8:00 P	Kiss Women's Disc.			60.00
Fullerton	Th 8:00 P	Men's Participation (Mo's)			250.00
Fullerton	Fri 8:00 P	Top of The Hill (St. Judes)			10.00
Fullerton	Sat 9:30 A	As Dr. Paul See's It		20.00	40.00
Fullerton	Sat 6:00 P	Saturday Night Live		72.02	283.62
Garden Gr	Sun 6:00 A	Sunday AM BB Study		26.00	70.84
Garden Gr	Sun 10:00 A	Speakers			40.00
Garden Gr	Sun 12:00 P	Discussion/Participation			200.00
Garden Gr	Sun 6:00 P	Ch. 2-7 Big Book Study			40.00
Garden Gr	Fri 6:00 A	Attitude Adjustment			49.50
Hunt Bch	Mon 7:30 P	Keep It Simple Men's Stag			20.00
La Habra	Sun 10:30 A	Participation		50.00	100.00
La Habra	Sun 7:00 P	Sober Sunday			42.00
La Habra	M-F 6:30 A	Topic Discussion		40.00	40.00
La Habra	Mon 7:00 P	Men's Greenwood Fireside		150.00	150.00
La Habra	Wed 7:30 P	La Habra Men's Stag			320.00
La Habra	Wed 7:00 P	Women's Participation			30.00
La Habra	Fri 8:00 P	Friday Night Beginner			183.00
La Habra	Fri 8:00 P	Friday Night Speaker			50.00
La Mirada	Sun 8:00 P	Men's Big Book Study		47.00	104.80
La Mirada	Tue 8:00 P	Winners Circle			215.00
Laguna Beach	Sun 2:00 P	AOCYPAA			354.01
Laguna Nig	Fri 7:00 A	Back to Basics			24.00
Los Alamitos	Daily 7:00 A	Surrender Is Freedom		110.00	137.54
Los Alamitos	Sun 4:00 P	Happy Hour Topic Disc.		91.00	231.00
Los Alamitos	Sun 6:00 P	Big Book Study			60.00
Los Alamitos	Wed 8:00 P	Sobriety First			50.00
Los Alamitos	Sat 6:00 P	Saturday Night Live			200.00
NOCCO		Intergroup			48.00
Orange	Sun 8:30 A	Attitude Adjustment			75.00
Orange	Sun 11:00 A	Book Study			70.00
Orange	M-F 5:30 P	Tustin Rush Hour		60.00	60.00
Orange	Mon 6:30 A	Taking Care Of Business			230.00
Orange	Mon noon	12&12 / Traditions Study			140.00
Orange	Tue 5:30 P	Rush Hour Discussion			100.00
Orange	Tue 7:00 P	Women's Keep It Simple			46.25
Orange	Wed 6:30 A	Early Bird / Kick Start			159.50
Orange	Wed 11:15 A	Chap/Lewis Open Meeting			260.00
Orange	Wed 7:00 P	Easy Does It (Kaiser)			170.00
Orange	Th 6:30 A	Early Bird Discussion			102.00
Orange	Th 12:00 P	Discussion			100.00

Continued on page 8

Captured Quips from California Jack

The wit and wisdom of Bill and Bob's friends

From the Big Book of Alcoholics Anonymous, pg 312; It never occurred to me that I couldn't stop. Every day I concocted some new method of staying sober."

"I find myself leaning against a wind that isn't blowing."

I found that the biggest problem that I had to get rid of was me!

Look at it this way, you only have to give up one drink: the first one!

I don't know of anything as evil as something that kicks my ass as it tells me it's my solution.

Today I'm here because I'm not all there.

A simple way to stay sober: breath in, breath out, don't drink between breaths.

For me humility begins with sitting on the beach and thinking about trying to stop a wave.

It doesn't matter what I've learned. What matters is what I do.

In order to get something you've never had, you need to do something you've never done.

AA is the place to go where you don't want to go, to do the things you don't want to do, to get the results that you didn't know you need.

What's even worse than isolating in your house is isolating in your head.

And Just For Fun - Has anyone told you something like this after you said "I wasn't that drunk!"

Dude! You were throwing rocks at my cat screaming "Go Pikachu!"

You asked your girlfriend if she was single.

Dude, you stood in my toilet and tried to flush yourself into the Ministry of Magic.

Dude, you jumped off my roof naked screaming "Red Bull gives me wings!"

Do you have a quote that you think should be added to the list? Send it to California Jack at Golden.Buckeye@yahoo.com

Meeting Dontations ... From Page 7

City	Day/Time	Meeting	July-12	Aug-12	YTD
Orange	Th 7:00 P	Men's (Mariposa)			65.00
Orange	Th 7:30 P	Men's Big Book Study, Org	10.00	50.00	89.00
Orange	Th 7:30 P	All About Me Men's Stag			60.00
Orange	Fri 6:30 A	Smashing Donuts			150.00
Orange	Fri 8:00 P	No Puffers Speaker	108.00		253.00
Orange	Sat 7:00 P	Not A Glum Lot			15.00
Orange	Sat 7:30 P	Hip, Slick & Sick			50.00
Placentia	Sun 8:30 A	Right Start	28.00	25.00	246.53
Placentia	Mon 6:30 P	Sober Start			60.00
Placentia	Mon 8:00 P	Unmanagables			80.00
Placentia	Th 10:30 A	Women's Stepping Stones		50.00	200.00
Santa Ana	Wed 8:00 P	Cooper Fellowship - Disc.			11.00
Villa Park	Daily 7:30 A	24 Hour Book Group	51.34		215.17
Villa Park	Fri 12:00 P	Women's Big Book Study			58.10
Whittier	Sun 8:00 P	Sunday Night Step Study		15.00	60.00
Whittier	M-F 7:00 A	Wed Attitude Adjustment	25.00		25.00
Whittier	Tue 7:00 P	No Nonsense 12 x 12		20.00	40.00
Whittier	Tue 7:30 P	Men's Big Book Study			80.00
Whittier	Wed 7:00 P	Women's Winners			60.00
Whittier	Wed 7:00 P	Participation			80.00
Whittier	Th 8:00 P	The Den Book Study	50.00	25.00	151.50
Whittier	Fri 7:00 P	Big Book Study			100.00

City	Day/Time	Meeting	July-12	Aug-12	YTD
Whittier	Sat 10:30 A	Women's Acceptance		93.75	258.75
Whittier	Sat 7:30 P	Whittier Sat Night Speaker	30.00		150.00
Yorba Linda	Daily 6:00 A	Attitude Modification	1,516.34	711.63	6,990.31
Yorba Linda	Mon 12:00 P	Step / Book Study		142.80	344.40
Yorba Linda	Mon 7:00 P	Monday Nite Men's Stag			217.04
Yorba Linda	Tue 7:30 P	Women's Discussion		60.00	180.00
Yorba Linda	Tue 8:00 P	Ohio Street Winners	175.52	116.00	714.36
Yorba Linda	Wed noon	Noontimers	98.00	203.00	949.00
Yorba Linda	Wed 7:00 P	Women's Big Book Study		42.00	162.00
Yorba Linda	Th 7:30 P	YL Thursday Participation	140.00		540.30
Yorba Linda	Fri 12:00 P	Daily Reflections	50.00		220.00
Yorba Linda	Fri 5:30 P	Happy Hour	61.00		138.00
Yorba Linda	Fri 8:00 P	Friday Nite Ohio Winners Cr.			328.96
no info	???	?? Winners Circle ??		136.43	136.43
		TOTAL GROUPS:	4,182.34	4,275.87	30,586.02

SPEAKER MEETINGS: November/December 2012

Anonymous Times would like to publish your list of speakers for January/February 2012.

Deadline for publication is December 15, 2012. Email: aaletters@gmail.com.

Friday St. Paul's Church (*Formerly St. Jude Speaker*)
8 p.m. 111 W Las Palmas Ave
Fullerton Ca 92835

Friday Downtown Speakers (1 Hour)
8 p.m. 109 E. Wilshire, Fullerton 92632 (1st Christian Church)

November 2 Laura U.
November 9 Mo P.
November 16 Marcia
November 23 Roger P.
November 30 Jennifer W.
December 7 Central Office Christmas Party
December 14 Bill W.
December 21 Katrina L.
December 28 Kevin E.
January 4 Veronica
January 11 Gene M.

Friday La Habra Speaker
8 p.m. 631 North Euclid St., La Habra, CA 90631
Hear a great speaker share about sobriety every Friday night.

Friday No Puffers Speaker
8 p.m. 395 S. Tustin St., Orange
Hear a great speaker share about sobriety every Friday night.

Saturday Visiting Speakers
8 p.m. 1221 Wass St., Tustin (St. Paul's Church)

November 3 Jaci I. Costa Mesa
November 10 Ramon D. Bellflower
November 17 Cesar F. Santa Ana
November 24 Jim B. Fountain Valley
December 1 Nikki N. Anaheim
December 8 Heather V. Orange
December 15 Martin J. Idyllwild
December 22 Ken T. Anaheim
December 29 Gabe S. Westminster

Saturday Oddfellows Speaker
8 p.m. 109 E. Wilshire, Fullerton 92632
Hear a great speaker share about sobriety every Saturday night.

Saturday Liverpool Speaker
8 p.m. 4861 Liverpool @ Yorba Linda Blvd
Hear a great speaker share about sobriety every Saturday night.

Sunday Fullerton Alano Center
10:30 a.m. 530 W. Commonwealth, Fullerton

November 4 Diana VLS, Manhattan, NY
November 11 Don M., North Hills SFV
November 18 Brooks B., Redondo Beach
November 25 BIRTHDAY SUNDAY
December 2 Carla R., Tujunga
December 9 David R., Long Beach
December 16 Glenda R., San Juan Capo
December 23 Jack L., Grenada Hills
December 30 BIRTHDAY SUNDAY

Sunday Fireside Speaker Meeting
8 p.m. 641 S. Western Ave. Anaheim CA 92804
Hear a great speaker share about sobriety every Sunday.

Wednesday Fullerton Alano Center
8 p.m. 530 W. Commonwealth, Fullerton
Hear a great speaker share about sobriety every Wednesday night.

Thursday Pioneer Speaker
8 p.m. 202 W. Broadway, Anaheim



To include meetings, we need your
speaker lists by December 15, 2012.

A Newcomer Discovers his Higher Power

The following is a letter sent to a regular member of my home group. It is from a newcomer who came to our meeting on a business trip. He spent little more than two weeks in our group but his heart and ears were open. He came as a self proclaimed atheist. His letter tells us how he left.

Something last night told me you might not be at the meeting this morning. I didn't want to leave without saying thank you for yesterday. I know this program isn't nuclear science, but there are principles at work that I have yet to fully grasp, and hearing someone who is making them work took a gigantic burden off my heart.

I have come to believe that a higher power – God, Spirit of the Universe, whatever – put me in this job. Sounds funny, and don't hunt down my friends who know me and show them that I said that in a letter because they'll think you faked it if I used the word "God."

Let me tell you why I think that: My company is this giant, corporate run monolith. We don't change a toilet paper dispenser part number without a committee meeting. Typically when a job like this one



starts, I have a 4-inch and a 2 inch binder crammed with construction notes, details, plans, part numbers, contacts, blueprints, etc. etc. You can't swing

a cat in my office without knocking over a stack of papers on a project.

This project? It's the first in my time, and the only project in my bosses 18 years that had none – NONE - to start. I got here out of the blue, we waited for paperwork, we waited for approval, nothing ever came. It's a project that never was. Things like that don't happen in this company. It's on par with a miracle if you ask anyone in my field.

I now think God had this plan for a 2-fold purpose: to get me in a situation where I had tons of free time to get a start in the program, and to come to the simple revelation that I cannot fix my addict brother. That simple. I typically work 75-90 hours a week in project. This one? 30. With weekends off – something unheard of for

Field Project Supers such as myself.

That isn't what convinced me of some higher power pulling the strings. When you saw me all wrecked on Thursday at noon, I met with you and we hashed out all the burning issues in my heart about my brother, and I truly – truly – found a peace, however fleeting it may be. I've seen the light, to use a cliché. And while I'm sad, I'm also simply relieved and unburdened, the same way one feels after they confess a wrong to someone, or get something off their chest that's eating them alive. I can deal with the consequences now that I've unloaded.

The final straw in convincing me, though, was that once I got this figured out, and had talked with you, less than 2 hours later I got the call that I'm gone and back to Colorado for a job. It's like I learned the lessons I needed to, and once God got it into my head what I needed to do, and how I needed to approach the situation, he released me to go on with my life.

I appreciate you being there for me. I'm not a "lean on others" kinda guy, I usually tough it out alone. I'm realizing that the path I'm walking I won't be walking for long if I keep up that kind of thinking.

Expect a call when I get my 30 day chip. And I'll stick my head back in when I'm back for a job in California next year.

Anonymous

Tradition 10 ... From Page 3

strated a lack of tolerance. So he was asked if his concern was just for marijuana users or would he extend the same allowances for cocaine users? For pill addicts? For heroin users? For methamphetamine addicts? He said he wouldn't favor silencing anyone in an A.A. meeting.

My sponsor told me that it was less offensive to tell the offender after the

meeting that such comments would be appropriate in Narcotics Anonymous meetings. There are also Pills Anonymous and Marijuana Anonymous meetings in Orange County. Phone numbers are available in the phone book or by calling directory assistance.

Back in the 1840s, the Washingtonian Society had a short but explosive

impact on the society of its day. But it met a painful and fatal ending as a result of its efforts to deal with matters not connected with their problem with alcohol. Check it out in the library. The story of the short and unhappy life of the Washingtonian Society is the best reason for Tradition Ten.

**George L., Westminster
(From October 2008 Lifeline)**

INTERGROUP REP

Become a member of NOCCO Intergroup Association

DOES YOUR HOME GROUP HAVE A VOICE?

What is it?

North Orange County Central Office of Alcoholics Anonymous Groups is our local intergroup association

What Does NOCCO do?

- * Assign "Twelve Step" calls on a geographical basis
- * Maintaining a supply of approved books and literature
- * Serve as a communications center for local Groups, keeping them informed about AA activities by Newsletters, Website, bulletins and other media
- * Maintaining AA listings in telephone directories and other media sources
- * Handling requests for information about AA from the general public
- * Sponsoring and arranging any joint social affairs which the members may desire

Why should I become a Rep?

Each individual AA group is entitled to representation in the Intergroup Association, yet of the 390 meetings in North Orange County less than 50 have an Intergroup Rep. Every AA Group in North Orange County is automatically a member of this Association.

What are my duties as an Intergroup Rep?

- * Attend monthly Intergroup Meetings – 2nd Wednesday of each month at 7:30 pm 109 E. Wilshire, Fullerton, CA (First Christian Church).
- * Have a VOTE! – Vote on behalf of your group's conscience on issues presented at Intergroup.
- * Have a VOICE! – Bring any issues to the Intergroup Meeting that may affect AA as a whole – are there specific issues that your group's conscience feels needs attention?
- * Get Involved!! – Vote in the election of officers, join a committee, report back to your meeting all the information from the monthly meeting.

We meet the 2nd Wednesday of every month at the First Christian Church
109 E. Wilshire, Fullerton – 7:30pm

Call Central Office for more Info 714.773.4357 ~ 714.773.HELP

Mid-Southern California Area 9 Archives Committee presents

24th Annual HERITAGE DAY

Saturday November 17, 2012

Hosted By District 10

First Christian Church

109 E. Wilshire Avenue

Fullerton, CA 92632

(Park free in parking structure across from Church)

Come Hear a Panel of Long-Timers Tell Us
“What It Was Like”

1 pm – 4 pm

Heritage Day is an annual event presented by the Area 9 Archives Committee. The Committee asks for a district's help in hosting the event. This year we are honored to have District 10 as the host district. The purpose of the event is to help preserve our Area's history by interviewing area members with long-term sobriety. The event consists of four long-timers (30 years +) being interviewed on their early experience in AA.

The event is recorded by the Area Communications Committee.

All past Heritage Day recordings are available to be listened to at the Archives.

Mark Your Calendars

