

Anonymous Times

Published by North Orange County Central Office, 1661 E. Chapman Ave., Suite 1H, Fullerton, CA 92831

Volume 19, Issue 2

March/April 2013

Annual AA Convention will be March 29-31

Attend, volunteer, increase
chances of lasting sobriety

Whether you have 30 minutes or 30 years of sobriety, the 28th Annual Orange County Convention with Al-Anon Participation is sure to bring joy to your life – and add meaning to your sobriety!

With this year's theme of "Living the Dream in 2013," the three-

*Living the Dream
in 2013*

day event held March 29-31 at the Costa Mesa Hilton will be chock-full of activities, including round the clock meetings, banquet, a golf tournament, poker run – and a dance, just to name a few events. The AA Archives, a treasure trove of collectibles – photos, first edition big books and other artifacts – will be back. Hundreds of items that date to AA's earliest days will be on display throughout the event.

The old-timers' meeting is another convention highlight not to be missed. Attend and hear men and women with 25-plus years of sobriety share their experience, strength and hope. It's often 90 minutes of rapid-fire one-liners with a bit of straight talk mixed in.

Continued on page 2

Chattin With Cathy Central Office News

As of April 1st, NOCCO (dubbed "God's Central Office") has been at our new home, here on Chapman for one (1) year!

VOLUNTEERS

We are always in need of volunteers, this is a great way to give back some of what has so freely been given to us. If you are interested in volunteering in the office and have 6 months of sobriety, please call the office at 714.773.HELP (714.773.4357) or email me at officemanager@aanoc.com. This commitment is for a minimum of six (6) months.

SHIFTS: Office volunteer shifts are Sunday 9:00 am – 1:00 pm; Monday thru Friday 9:00 am – 11:30 am, 11:30 am – 2:00 pm, 2:00 pm – 4:30 pm; 4:30 pm – 7:00 pm; Saturday 9:00 am – 12:30 pm, 12:30 pm – 4:00 pm, and 4:00 pm – 7:00 pm.

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North Orange County Central Office

1661 E. Chapman Ave., Suite
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Fullerton, CA 92831

Open 7 Days 9am–9pm

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NOC Central Office Year-End Financials: 2012 vs 2011

Revenue	Total Year 2012	Total Year 2011
Total AA Sales	\$32,161.48	\$36,655.08
Total Non-AA Sales	\$31,018.03	\$31,377.77
Total Fundraisers	\$8,360.50	\$2,539.00
Total Donations	\$48,583.00	\$51,525.97
Rental Income-Unit C	\$343.00	\$96.00
Interest Income	\$7.86	\$131.13
Total Revenue	\$120,473.87	\$122,324.95
Total Cost of Sales & Direct Costs	\$43,972.34	\$42,814.49
Gross Profit	\$76,501.53	\$79,510.46
Operating Expenses		
Salaries	\$40,738.50	\$38,912.50
Bank Charges	\$141.29	\$229.32
Bad Checks	\$0.00	\$0.00
Cash short\over	-\$944.16	\$224.56
Computer Expenses	\$1,215.38	\$541.06
Credit Card Discounts	\$1,730.75	\$0.00
Depreciation	\$143.70	\$258.01
Member Benefits	\$817.57	\$0.00
Insurance-General Liability	\$1,328.00	\$2,482.76
Insurance - Work Comp	-\$2,012.29	\$4,150.97
Insurance - Medical	\$3,000.00	\$2,830.00
Interest Expense	\$0.00	\$0.00
Legal & Accounting	\$2,025.00	\$1,900.00
Licenses	\$0.00	\$0.00
Newsletter Cost	\$1,799.45	\$2,276.78
Office Supplies	\$3,217.61	\$3,359.60
Postage	\$128.88	\$30.00
Penalties-Tax Payments/Filings	\$0.00	\$126.67
Rent-Office Space	\$13,400.00	\$18,600.00
Rental of Equipment	\$0.00	\$1,208.42
Relocation/Moving Costs	\$2,341.62	\$0.00
Repairs & Maintenance	\$1,360.56	\$185.09
Taxes- Payroll	\$3,235.43	\$3,193.69
Taxes- Annual Filings	\$80.00	\$60.00
Telephone	\$3,332.90	\$4,209.88
Utilities	\$1,073.44	\$2,354.61
Total Operating Expense	\$78,153.63	\$87,133.92
Other Income and Expense	\$0.00	\$0.00
Net Income/(Loss)	-\$1,652.10	-\$7,623.46

OCAA Convention ... From Page 1

Planning for the event began shortly after the gavel went down on the 2012 convention. Monthly planning meetings have been held at The Roque Center in Garden Grove, committees were formed, assignments given.

It has been said that those who participate in such events stand a greater chance of never drinking again. And why not? The Big Book states, "We are not a glum lot." Participation in the convention is a great way to have fun, attend a multitude of sober events, renew old acquaintances – and make new friends, too!

NOC Central Office will have an information booth staffed with volunteers throughout the convention. Make sure you stop by and say "Hi." We'll be happy to see you and if you need any information about the program, be happy to provide that.

Registration for the convention can be made online by visiting www.oaac.org. Register online by March 10 and pay only \$17, a \$3 discount. Or you can register at the hotel during the convention. Tickets to the Friday and Saturday night dances are only \$7 for admission both nights. Tickets to the AA banquet/dinner/dance are \$49 for one. Tables for up to 12 are available for \$498.

Reservations to stay at the hotel can also be made at the convention web site. Staying at the hotel is another great way to support the conventions, since the committee must guarantee a certain number of registrations.

There are numerous ways to enhance your sobriety by being of service at the Convention. Volunteers are needed to help with registration, ticketing, memorabilia, the hospitality suite, setup and tear-down, and many other activities. We can always use an extra hand.

The 28th Annual AA Convention with Alanon Participations promises to be a fun-filled three day event.

Paul H.

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NOCCO Board Oversight Committee: Bob D.

Cartoonist: Johnny G.; Chief Proofreader: 86 proof

Chapter 9

The Family Afterward

Number 10 of 12 articles on the Big Book

This was my favorite chapter in the Big Book when I first read it. For a married A.A. member this chapter is wall-to-wall promises. Of course, since I had yet to take the steps, and this chapter is another chapter describing the “practice(ing) of these principles in all our affairs”, part of the 12th Step, there was some work to do before these promises were to come about. This is a chapter describing hope - hope that through learning from the experience of others, and from our own past experiences, we can avoid the pitfalls of relationships in early recovery. Bill cites Henry Ford, (one of the truly profound statements in the Big Book) “...to the effect that experience is the thing of supreme value in life”. But there is a catch, “That is true only if one is willing to turn the past to good account. We grow by our willingness to face and rectify errors and convert them into assets” And a little further on in the chapter, “Cling to the fact that, in God’s hands, the dark past is the greatest possession you have – the key to life and happiness for others. With it you can avert death and misery for them”. And further on in the chapter - “So we think cheerfulness and

laughter make for usefulness. Outsiders are sometimes shocked when we burst into merriment over a seemingly tragic experience out of the past. But why shouldn’t we laugh? We have been given Power to help others”. As an alcoholic, I am still powerless over alcohol, but I have been given a new Power.

Just as we in A.A. are asked to share what we were like, what happened and what we are like today, this chapter takes the same tack. It describes how the family fabric was torn apart by the actions of the alcoholic, and the family, to some extent, have all become sick. (Ya think!!). The chapter puts forth some recommendations, (some of them being very self-serving) for dealing with the newly-recovering alcoholic, and for the alcoholic in dealing with their family. The suggestions, for the most part, caution against over-reaction and intolerance by anyone in the family, especially the alcoholic. Obstacles will arise, but they can all be overcome with tolerance, patience and the passage of time.

Still later in the chapter, some of the most

quoted words in the book are found, “We have been speaking to you of serious, sometimes tragic things. We have been dealing with alcohol in its worst aspect. But we aren’t a glum lot. If newcomers could see no joy or fun in our existence, they wouldn’t want it. We absolutely insist on enjoying life”. Just two of the many promises found in this chapter.

One of our great contemporary poets, Maya Angelou, said “History, despite its wrenching pain, cannot be un-lived, however, if faced with courage, need not be lived again”. Not only do we not have to relive the past, this chapter promises that we will be able to use it to help others – what a concept!

Lastly, three of the five official A.A. slogans are given to us as the last words of the chapter:

First Things First
Live and let live
Easy does it

Nick M.
Gratitude is an Action Group

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

AA Archives: An Annual Convention Highlight

Be sure to stop by the AA Archives room while at the 28th Annual Alcoholics Anonymous Convention March 29-31. A unique collection of memorabilia unprecedented in its completeness, the AA Archives includes First Edition A.A. Big books, books signed by Bill W., photographs of early and local members and thousands of items which will pique your interest and enrich your knowledge of A.A. history.

This display represents a portion of the largest personal collection known and is certain to enhance your knowledge of our great history.

The two collectors who will be available to give you a per-



tries.

Come visit the free display before Bob Z. and that other old guy gets too old to make the trip.

sonal tour have a combined total of 65 years sobriety and have been collecting and exploring AA’s history for many years. This collection has been admired and praised by hundreds of senior members of our program and brought tears to the eyes of many older members.

There is a story behind every item, which represents visits to A.A. meetings in 25 states and 20 coun-

Jerry L., Brea

UPCOMING EVENTS!

St. Patrick's Day Feast to be held March 16

A sober St. Patrick's Day feast to benefit Hospitals and Institutions will be held Saturday, March 16 at Trinity Episcopal Church, 2400 N. Canal St., Orange beginning at 5 p.m.

Bring your sponsor/sponsee to the event, which will feature a dinner of corned beef and cabbage and a meeting with multiple speakers. First, second, third and fourth edition Big Books will also be raffled off at the event.

The fundraiser is to benefit the 2013 Southern California H&I Conference. For more information, contact North Orange County Central Office at (714) 773-4357.

Redlands Spiritual retreat Planned for April 19-21

Be a better whatever you are today by attending a spiritual retreat for men and women April 19-21 at the El Carmelo Retreat House in Redlands.

"To practice these principles" is the theme of the retreat, which will be presented by John McAndrew and feature mountaintop serenity amid orange and avocado trees.

The retreat house is located at 926 E. Highland Ave., Redlands. For more information, or to make reservations, contact Dave Cooley at (562) 697-8620.

Events listed here are presented solely as a service to our readers, not as an endorsement by North Orange County Central Office.

CHECK IT OUT – DUDE! YOUNG PEOPLE'S A.A. MEETINGS!

Sunday

Anaheim	12+12 Young People 8 p.m.	202 W. Broadway (@ Lemon)
Fountain Valley	Youth in Recovery 1 p.m.	16581 Brookhurst St. Fountain Valley, CA
Orange	Young People's Dis- cussion 7 p.m.	820 W. Town & Country Rd. (Mariposa Women's Center),

Monday

Costa Mesa	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
	Women's Monday FUNDAY 8 p.m.	420 W. 19th St. (1st Methodist Church near Triangle Square),
Irvine	Wild Bunch Men's Step Study 7:30 p.m.	5001 Newport Coast Dr c/s Bonita Cyn (Mariners Church-Port Kid Zone room)

Tuesday

Costa Mesa 12:15 p.m.	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
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Wednesday

Yorba Linda	Topic Discussion 8 p.m.	18372 Lemon Drive @ imperial Hwy (1st Baptist Church)
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Thursday

Costa Mesa	We are Not Saints 3 p.m.	2701 Fairview Rd. (Stu- dent Health Center Rm. 108)
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Friday

Anaheim Hills	Discussion 8 p.m.	411 Lakeview Ave. (@91 Freeway Medical Office building in base- ment)
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Huntington Beach	Seacliff 7 p.m.	225 7th St. Garage #1
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Tustin	Turning the Corner 7:30 p.m.	1221 Wass St, 92780
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Saturday

Newport Beach	Hoag Hut Speaker	201 Newport Blvd.
Long Beach	Nite Owls 10:30 p.m.	4019 E. 4th St.

Women's Club Meeting Celebrates 76 Years

Happy 76th Anniversary to The Women's Club Wednesday night AA speaker meeting.

It is the longest continuously running AA meeting in Orange County.

The meeting began on February 6, 1946 by Ena Gregory, Jack Turkin and one other member whose name escapes us at this time.

It meets 8 p.m. at the Women's Club in Laguna Beach, 286 St Anns Drive; Laguna Beach, CA; 92651. Happy birthday!

Women's Dinner April 27

"Among them you will make lifelong friends" is the theme of the 16th Annual NOCAA Women's Banquet, to be held Saturday, April 27 from 5:30 to 10 p.m. at the Santa Elks Lodge, 212 Elk Lane in Santa Ana.

Women from all 12 step groups are welcome to the event, which will feature dinner, speaker meeting and raffle.

Tickets to the event are \$30 and can be purchased by contacting event chairwoman Whitney H. at (714) 457-4596 or co-chair Cathy M. at (714) 412-4228 for more information.

Seniors in Sobriety Conference Planned

Mark your calendar now for the Seniors in Sobriety 8th International Conference, to be held at the Town and County Hotel in San Diego Sept. 5-8, 2013.

The convention promises fun, fellowship, education and sharing. The event will feature Al-Anon participation, men's and women's meetings, a Dr.'s Opinion workshop and a slew of other sober events.

For more information, email Cliff H. at (619) 708-2556 or go to <http://www.aasis2013.org/home/>.

BIRTHDAY DONATIONS

Donna S. ↔ 25 years
Henry G. ↔ 15 years
Lisette L. ↔ 15 years



PUBLISH YOUR BIRTHDAY or SOBRIETY STORY TODAY!

Shall we put another candle on your birthday cake too? To publish your birthday, send us your name, sobriety date and your contribution check (DO NOT SEND CASH) in the mail to: North Orange County Central Office, 1661 E. Chapman Ave., Suite 1H; Fullerton, CA; 92831. Email: officemanager@aanoc.com.

Central Office News

A Special Thanks for Support

Three new members were elected to the North Orange County Central Office board of directors at the January Intergroup meeting. They join four incumbents. The new members are Sharon B., Bob D. and Nancy R. They were elected to serve two-year terms. Dave C. was reelected to a two year term.

They join Paul P., who was elected chairman; Michele M., vice chair; and Marci M., secretary.

The board meets the first Wednesday of each month at Central Office, located at 1661 E. Chapman Ave., Suite 1H, Fullerton, CA 92831. Phone (714) 773-4357.

Call for Volunteers!

Central Office took 1,300 calls in January-February

687 were from men
613 were from women



Keep up the great work — YOU make a difference!

NOC Central Office BULLETIN BOARD

H&I 2 ND SUNDAY March 10 and April 14	NOCPIC 2 ND WEDNESDAY March 13 and April 10	INTERGROUP 2 ND WEDNESDAY March 13 and April 10	VOLUNTEER MEETING May 11
<p>Orange County Hospitals and Institutions Committee</p> <p>2nd Sunday of each mo. Institutions Committee: 4-5 pm (Orientation at 3:15 pm)</p> <p>Hospitals Committee: 6-7 pm (Orientation at 5:15 pm) Garden Grove Alano Club 9845 Belfast, Garden Grove Call (949) 278-5173</p>	<p>North Orange County Public Information Committee</p> <p><i>Learn about sharing the message with Non-A.A. people like high school and college students.</i></p> <p>Meets at 6:30 p.m. on the 2nd Wednesday of every month at NOCCO 1661 E. Chapman Ave., Suite 1H, Fullerton</p> <p>If you have questions, call Brian K. 714-658-4581</p>	<p>North Orange County Intergroup Association Intergroup</p> <p>Meeting at 7:30 p.m. on the 2nd Wednesday of every month at 109 E. Wilshire, Fullerton (First Christian Church)</p>	<p>CENTRAL OFFICE <i>holds a quarterly volunteer meeting on the 2nd Saturday. every three months. Coffee and donuts provided.</i></p> <p>Learn how to fill shifts at Central Office, be of service and meet fellow volunteers.</p> <p>Call 714-773-4357 for information</p> <p>MEETING 10 A.M.</p>

FOR MORE INFORMATION, CALL CENTRAL OFFICE AT (714) 773-4357

29th Annual South Bay Roundup

Thursday, July 4-Sunday, July 7

Torrance Marriott South Bay 3635 Fashion Way, Torrance

Questions? Call Roundup Hotline (310) 354-7660

Or online: southbayroundup.org

Send Us Your Story Online!

Anonymous Times
articles can be submitted to
aaletters@gmail.com



Faithful Fivers Get High Fives For Support!!!

What are Faithful Fivers?

Jan. W • Joe P. • Kent M. • Laurel Mc. • Steve D.

Tammy D. • Michele M. • Linda C. • Michael V. • Mike

Cate. C. • William G. • Jeanne L. • Laurel Mc

Faithful Fivers are A.A. members who pledge at least \$5.00 each month toward the support of their local Central Office. This idea is catching on around the country. In the publication of the Tucson Area Intergroup, Just For Today, a story noted that "the plan is used in several other cities and came about when we remembered that many of us had spent more than \$5.00 every week on alcohol during our drinking days."

PAYMENT PLAN: I agree to pledge and here is my contribution of \$ _____ for _____ months.

NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

Make checks payable to North Orange County Central Office (NOCCO)

Mail checks to 1661 E. Chapman Ave., Suite 1H., Fullerton, CA 92831

2012 Year-End Meeting Donations

City	Day/Time	Meeting	Nov-12	Dec-12	Total 2012
Anaheim	Sun 10:30 A	24 Hr. Speaker Meeting	50.00	50.00	510.00
Anaheim	Sun 8:00 P	Fireside Speakers		160.00	260.00
Anaheim	Mon 5:30 P	Primary Purpose	70.00	10.00	80.00
Anaheim	Tue 7:30 P	Big Book Women's Part.	60.00		60.00
Anaheim	Wed 6:00 P	Men's Stag (Victor House)	56.00		186.00
Anaheim	Wed 8:00 P	Wed Night Men's			32.20
Anaheim	Th 7:30 P	We Got A Coffee Pot - Men	35.00		490.00
Anaheim	Fri 12:00 P	Women's Big Book Study		46.20	118.30
Anaheim	Fri 6:30 P	Gratitude Is An Action			229.52
Anaheim	Sat 10:00 A	Big Book & 12x12 Study			169.00
Ana Hills	Mon 7:00 P	Women's E/S&Hope			594.00
Ana Hill/YL	Wed 7:00 P	Women's Big Book Study			78.00
Ana Hills	Wed 7:30 P	Wed. Night Book Study			300.00
Ana Hills	Th 7:00 P	Women's Solution			290.50
Ana Hills	Fri 8:00 P	Young People Discussion			110.00
Ana Hills	Sat 8:30 A	It's In The Book			360.00
AH/Fullerton	Sat 6:00 P	Winner Circle (Kaiser)		86.09	206.09
Brea	Mon 10:00 A	Women's Discussion	100.00	100.00	925.00
Brea	Mon 5:30 P	12 & 12 Meeting	50.00	70.00	700.00
Brea	Mon 6:30 P	Jeannes Big Book			328.00
Brea	Tue 5:30 P	Women's 10th Step Hap Hr.	100.00	130.00	998.11
Brea	Tue 5:30 P	Men's Topic Discussion	60.00		419.90
Brea	Wed 5:30 P	As Bill See's It		102.00	640.23
Brea	Th 10:30 A	Step Sisters Step Study			148.00
Brea	Th 5:30 P	Living In The Solution	135.35	100.00	562.95
Brea	Fri 5:30 P	Big Book Study	104.00		580.00
Brea	Fri 7:30 P	Over 50 & Sober			300.00
Brea	Fri 8:00 P	Men's			220.00
Brea	Sat 10:30 A	Women's AA Step Study		69.43	508.85
Buena Park	Mon 7:30 P	Mon. Night Cypress			40.00
Buena Park	Fri 8:00 P	Friday Night Discussion			140.00
Cypress	Tue 6:00 P	Happy Hour	90.00		540.00
Cypress	Tue 7:00 P	Big Book Study			300.00
Cypress	Fri. 7:00 P	Girls Night Out		70.00	70.00
Cypress	Fri 8:00 P	Friday Night Lunatic Fringe			160.00
Fullerton	Daily 6:00 A	Attitude Modification		120.00	840.00
Fullerton	Sun 10:30 A	Sunday Morning Speaker			223.60
Fullerton	Sun 5:00 P	Sunday Night Survivor			95.00
Fullerton	Sun 5:30 P	Women's Step Study	20.00		20.00
Fullerton	Sun 8:00 P	Discussion			113.00
Fullerton	Mon 11:30 A	Discussion			19.71
Fullerton	Mon 6:00 P	Mon Nite Men's Stag @ FAC		50.00	292.25
Fullerton	Mon 6:00 P	Fullerton Big Book			25.00
Fullerton	Mon 6:30 P	Women Living In Solution			76.00
Fullerton	Mon 8:00 P	True Colors			5.34
Fullerton	Tue 1:30 P	H.O.W. Women's Disc.			52.06
Fullerton	Wed 2:00 P	Women's Coffee Talk		50.00	210.00
Fullerton	Th 11:30 A	12 x 12 Study			20.00
Fullerton	Th 12:00 P	Thurs. Noon Hr. Bk Study			10.80
Fullerton	Th 6:00 P	Men's			12.00
Fullerton	Th 6:00 P	Women's (24 Hr.)		52.75	95.45
Fullerton	Th 6:30 P	Women's Drop The Rock			76.60

City	Day/Time	Meeting	Nov-12	Dec-12	Total 2012
Fullerton	Th 7:30 P	Kitchen Table Meeting	20.00		175.00
Fullerton	Th 8:00 P	Kiss Women's Disc.			60.00
Fullerton	Th 8:00 P	Men's Participation (Mo's)			1,290.00
Fullerton	Fri 6:00 P	Singles For Sobriety			25.11
Fullerton	Fri 8:00 P	Top of The Hill (St. Judes)			10.00
Fullerton	Sat 9:30 A	As Dr. Paul See's It			94.00
Fullerton	Sat 9:30 A	Feelings		75.00	75.00
Fullerton	Sat 2:00 P	Women's Big Book Hot Topic			44.00
Fullerton	Sat 6:00 P	Saturday Night Live			298.49
Fullerton/AH	Sat 6:00 P	Winner Circle (Kaiser)			0.00
Fullerton	Sat 8:00 P	Saturday Night Speakers			141.00
Garden Gr	Sun 6:00 A	Sunday AM BB Study	26.00	21.20	144.30
Garden Gr	Sun 10:00 A	Speakers			40.00
Garden Gr	Sun 12:00 P	Discussion/Participation	80.00		280.00
Garden Gr	Sun 6:00 P	Ch. 2-7 BB Study			40.00
Garden Gr	Wed 6:00 A	Attitude Adj. (Serenity Hall)			25.00
Garden Gr	Fri 6:00 A	Attitude Adjustment			49.50
Hunt Bch	Mon 7:30 P	Keep It Simple Men's Stag			20.00
Irvine	Sat 7:00 P	Speakers	10.00		20.00
La Habra	Sun 10:30 A	Participation			150.00
La Habra	Sun 7:00 P	Sober Sunday	42.00		84.00
La Habra	M-F 6:30 A	Topic Discussion			40.00
La Habra	Mon 8:00 P	Men's Greenwood Fireside			150.00
La Habra	Tue 8:00 P	Participation			50.00
La Habra	Wed 7:00 P	La Habra Men's Stag			485.00
La Habra	Wed 7:00 P	Women's Participation			60.00
La Habra	Th 8:00 P	Participation			112.00
La Habra	Fri 8:00 P	Friday Night Beginner			491.90
La Habra	Fri 8:00 P	Friday Night Speaker			50.00
La Mirada	Sun 8:00 P	Men's Big Book Study		52.00	156.80
La Mirada	Tue 8:00 P	Winners Circle		25.00	290.00
Laguna Beach	Sun 2:00 P	AOCYPAA			354.01
Laguna Nig	Fri 7:00 A	Back to Basics			24.00
Los Alamitos	Daily 7:00 A	Surrender Is Freedom	200.00	150.00	1,918.39
Los Alamitos	Sun 4:00 P	Happy Hour Topic Disc.		126.00	439.60
Los Alamitos	Sun 6:00 P	Big Book Study		60.00	120.00
Los Alamitos	Wed 8:00 P	Sobriety First			50.00
Los Alamitos	Sat 6:00 P	Saturday Night Live			200.00
NOCCO		Intergroup			48.00
Orange	M-F 5:30 P	Tustin Rush Hour Discussion	60.00	60.00	580.00
Orange	Sun 8:30 A	Attitude Adjustment			150.00
Orange	Sun 11:00 A	Book Study			70.00
Orange	Mon 6:30 A	Taking Care Of Business			430.00
Orange	Mon 12:00 P	12&12 / Traditions Study			140.00
Orange	Mon 5:30 P	Rush Hour Discussion	100.00		300.00
Orange	Mon 7:00 P	Women's E/S&Hope			60.04
Orange	Tue 5:30 P	Rush Hour Discussion			100.00
Orange	Tue 7:00 P	Women's Keep It Simple			46.25
Orange	Wed 6:30 A	Early Bird / Kick Start			208.50

Continued on page 8

Chattin' with Cathy...From Page 1

A brief orientation and training session are musts prior to volunteering for an office shift. Call or email the office for an update on open shifts. This is a serious and important commitment; many people are depending on you to be here when you say that you will be here.

CALL FORWARDING

NOCCO's call forwarding program is another vital service we provide so that when someone reaches out for the hand of AA our phones are answered by a member of Alcoholics Anonymous and not an answering service. Essentially "front-line" 12th Step work. If you are interested in being of service in this manner, please call or email the office for current open call-forwarding shifts.

FAITHFUL FIVERS

Thank you to all of our Faithful Fiver participants. Faithful Fivers are AA members who graciously contribute a minimum of \$5.00 a month to support Central Office in carrying the message of hope and recovery to alcoholics who are still suffering. As a Faithful Fiver, your personal contribution helps to make our vital message of hope and recovery possible. And as an added bonus your name

(while not in lights) is added to our special "Faithful Fivers" section of our newsletter, The Anonymous Times. If you would like an email reminder sent to you please email me at officemanager@aanoc.com and I will put you on our monthly reminder list.

MEETING/GROUP DONATIONS

On behalf of NOCCO I would like to thank all of our meetings for their very generous contributions. Please be sure to include your meeting name (as listed in the directory), City, Day and Time so that proper credit can be given to your meeting donation. Please use the pre-printed donation coupons as all the required information is on them. Central Office does not use a group number. New York (GSO) requires a number, we do not. If your meeting has donated and you do not see the contribution listed in The Anonymous Times and on the spreadsheets handed out monthly at each Intergroup Meeting, please call the office 714.773.4357 (773-HELP) or email me at officemanager@aanoc.com.

BIRTHDAY CONTRIBUTIONS

If you would like to make a birthday donation, please mark your contribution as such.

Continued on page 10

Meeting Dontations ... From Page 7

City	Day/Time	Meeting	Nov-12	Dec-12	Total 2012
Orange	Wed 11:15 A	Chap/Lewis Open Meeting			260.00
Orange	Wed 7:00 P	Easy Does It			240.00
Orange	Th 6:30 A	Early Bird Discussion			102.00
Orange	Th 12:00 P	Discussion			100.00
Orange	Th 7:00 P	Men's (Mariposa)		60.00	125.00
Orange	Th 7:30 P	Men's Big Book Study, Org			89.00
Orange	Th 7:30 P	All About Me Men's Stag			210.00
Orange	Fri 6:30 A	Smashing Donuts		67.00	284.00
Orange	Fri 8:00 P	No Puffers Speaker	40.00	60.00	353.00
Orange	Sat 7:00 P	Not A Glum Lot			15.00
Orange	Sat 7:30 P	Hip, Slick & Sick			50.00
Orange	??	Friendship Club	100.00		100.00
Placentia	Sun 8:30 A	Right Start		50.00	356.53
Placentia	Sun 7:30 P	Placentia Sunday Night			25.00
Placentia	Mon 6:30 P	Sober Start	60.00		120.00
Placentia	Mon 7:00 P	Men's (SASTO)			10.00
Placentia	Mon 8:00 P	Unmanagables			80.00
Placentia	Th 10:30 A	Women's Stepping Stones		80.00	380.00
Santa Ana	Wed 8:00 P	Discussion (Cooper Fellow)			11.00
Santa Ana	Sat 8:00 P	Cooper Speaker Meeting	60.00		60.00
Villa Park	Daily 7:30 A	24 Hour Book Group			262.34
Villa Park	Fri 12:00 P	Women's Big Book Study			58.10
Whittier	Sun 8:00 P	Sunday Night Step Study		15.00	75.00
Whittier	M-F 7:00 A	Wed. Attitude Adjustment			25.00
Whittier	Tue 7:00 P	No Nonsense 12 x 12			40.00
Whittier	Tue 7:30 P	Men's Big Book Study			80.00

City	Day/Time	Meeting	Nov-12	Dec-12	Total 2012
Whittier	Wed 7:00 P	Women's Winners			90.00
Whittier	Wed 7:00 P	Participation			80.00
Whittier	Th 8:00 P	The Den Book Study			231.50
Whittier	Fri 7:00 P	Big Book Study	25.00		195.00
Whittier	Sat 10:30 A	Women's Acceptance	53.75	50.00	362.50
Whittier	Sat 7:30 P	Whittier Sat Night Speaker	30.00	30.00	270.00
Yorba Linda	Daily 6:00 A	Attitude Modification	704.07	915.75	9,413.67
Yorba Linda	Mon 12:00 P	Step / Book Study	127.40		471.80
Yorba Linda	Mon 7:00 P	Monday Nite Men's Stag			277.04
Yorba Linda	Tue 7:30 P	Women's Discussion			180.00
Yorba Linda	Tue 8:00 P	Ohio Street Winners		60.50	879.86
Yorba Linda	Wed 12:00 P	Noontimers	112.00	62.52	1,226.52
Yorba Linda	Wed 7:00 P	Women's Big Book Study		90.00	252.00
YL / AH	Wed 7:30 P	Wed. Night Big Book Study (formally Ana Hills)		83.08	83.08
YL / AH	Th 7:00 P	Solutions Women's (formally Ana Hills)	105.00		105.00
Yorba Linda	Th 7:30 P	YL Thursday Participation	125.00		665.30
Yorba Linda	Fri 12:00 P	Daily Reflections		75.00	355.00
Yorba Linda	Fri 5:30 P	Happy Hour			173.00
Yorba Linda	Fri 8:00 P	Fri Night Ohio Winners Circle		130.00	688.96
YL / AH	Sat 8:30 A	It's In The Book (formally Ana Hills)		120.00	120.00
** no info **		Winners Circle			136.43
** no info **		698453			70.00
		TOTAL GROUPS:	3,010.57	3,784.52	43,798.98

SPEAKER MEETINGS: March/April 2013

Anonymous Times would like to publish your list of speakers for May/June 2013.

Deadline for publication is April 15, 2013. Email: aaletters@gmail.com.

Friday
8 p.m. Downtown Speakers (1 Hour)
109 E. Wilshire, Fullerton 92632 (1st
Christian Church)
March 1 Greg T., Fullerton
March 8 Sue M., Yorba Linda
March 15 Gene F., Placentia
March 22 Peggy E., Anaheim Hills
March 29 Larry J., Fullerton
April 5 Shannon S., Whittier
April 12 Randy H., Fullerton
April 19 Lynn D., Fullerton
April 26 Don M., Brea
May 3 Carly Mc., Anahiem

Friday
8 p.m. St. Paul's Church (*Formerly St.
Jude Speaker*)
111 W Las Palmas Ave
Fullerton Ca 92835

Friday
8 p.m. La Habra Speaker
631 North Euclid St., La Habra, CA 90631
March 1 Plumber Jim, Anaheim
March 8 Demetrious T., Bellflower
March 15 Treehouse Dave, Chatsworth
March 22 Fernando M., Tustin Ranch
March 29 Airplane John, Norco
April 5 Ted C., Los Angeles
April 12 C.T. T., Costa Mesa
April 19 Maria O., San Dimas
April 26 Revo, Lakewood

Friday
8 p.m. No Puffers Speaker
395 S. Tustin St., Orange
*Hear a great speaker share about sobriety every Friday
night.*

Saturday
8 p.m. Visiting Speakers
1221 Wass St., Tustin (St. Paul's Church)
March 2 Debi S. Tustin
March 9 Jerry S. Corona
March 16 Double Check Group Hemet
March 23 Annie D. Lake Elsinore
March 30 Mike M. San Pedro
April 6 Moses P. Temecula
April 13 Laura L. San Clemente
April 20 Ken G. Escondido
April 27 Rich W. Long Beach

Saturday
8 p.m. Oddfellows Speaker
109 E. Wilshire, Fullerton 92632
*Hear a great speaker share about sobriety every Saturday
night.*

Saturday
8 p.m. Liverpool Speaker
4861 Liverpool @ Yorba Linda Blvd
*Hear a great speaker share about sobriety every Saturday
night.*

Sunday
10:30 a.m. Fullerton Alano Center
530 W. Commonwealth, Fullerton
March 3, Lydia W., Woodland Hills
March 10, Rosie T., Lakewood
March 17, Pete B., Torrance
March 24, Brian D., Anaheim
March 31 BIRTHDAY SUNDAY
April 7, Maureen H., Downey
April 14, Frank C., Santa Monica
April 21, Rick A., San Pedro
April 28 BIRTHDAY SUNDAY
May 5 Cia F., West LA
May 12 Claudia R., Long Beach
May 19 Jory P., Burbank
May 26 BIRTHDAY SUNDAY

Sunday
8 p.m. Fireside Speaker Meeting
641 S. Western Ave. Anaheim CA 92804
Hear a great speaker share about sobriety every Sunday.

Wednesday
8 p.m. Fullerton Alano Center
530 W. Commonwealth, Fullerton
Mar 6 Summer C., Huntington Beach
Mar 13 Rey B., Corona
Mar 20 Paul G.
Mar 27 Jim T., Anaheim

Thursday
8 p.m. Pioneer Speaker
202 W. Broadway, Anaheim

To include meetings, we need your
speaker lists by April 15, 2013.

Chattin' with Cathy...From Page 8

Look for our new "Birthday Donation" coupon, coming soon! Your birthday will be acknowledged in the next issue of our Anonymous Times.

OUTREACH COMMITTEE

We have approximately 390 meetings in the North Orange County area and we have about fifty (50) Intergroup Reps. We now have a committee reaching out to meetings who do not have a rep. If you would be interested in being a rep or being a part of this committee please email me at officemanager@aanoc.com. Why does your meeting need an intergroup rep? To have a voice, to have a vote, to know what is going on in your AA community. Every AA group in North Orange County is automatically a member of the NOCCO Intergroup Association.

PUBLIC SERVICE COMMITTEE

If you would like to share our message with Non-AA people, like high school & college students, at health fairs, etc., please call Brian K. at 714.658.4581. This committee goes out into our community and carries the message; special training/orientation is required, which Brian will help you with.

ROCKIN' SOBERFEST Rocked!!!! – Thank you Glenn, Dennis and all of the volunteers that put this fabulous event together.

2013 FUNDRAISERS

Stay tuned for more information and flyers on our 2013 fundraisers. If you would like to be on our Activity Committee, please email me at officemanager@aanoc.com or call the office at 714.773.4357 (714-773-HELP).

NEW BOARD

Our new service board is up and running. This is going to be another very active and proactive board! We have the best volunteers around.

OC CONVENTION

Look for our information table at the convention. Please stop by and say "Hi".

FYI: North Orange County Central Office is one of the few Central Offices in this good ole' US of A that is opened seven (7) days a week. We only close on Thanksgiving & Christmas Day, and of course our phones are answered 24/7 even on weekends and holidays!

May God Bless You and Keep You as we trudge this Road To Happy Destiny together.

In gratitude,
Cathy M.

Who Am I?

Reflections from a sober AA member

I AM ME, a member of the human race. There are over 7 billion of us, but there are not 2 like me, therefore,
I AM UNIQUE.

I AM A CREATION OF GOD. He created my heart before the earth was inhabited.

I AM ALIVE. He destined me to be born into the family of my parents, at the exact time that I was born.

I AM AN ALCOHOLIC. Every human being is an addict by genetics and environment; first by Adam and Eve, then by Noah, now by me.

I AM A GIFT FROM GOD. Not everyone is given this type of addiction.

I AM A MIRACLE. I heard about this miracle by attending AA meetings. I received miracles along my path of recovery until I became a miracle. I AM NOW A GRATEFUL RECOVERING ALCOHOLIC.



Recovery
changes all things

If I keep coming back until I stay permanently, I will obtain the permanent and absolute spiritual transition that is available to all of us.

I AM THE ONLY ONE ALIVE THAT CAN KEEP ME SOBER – OR – I AM THE ONLY ONE TO CHOOSE for me to go back to the Hell I recovered from.

I NOW KNOW WHO I AM. A unique spiritual being following God into eternity, if I just do one thing – stay sober – and help other alcoholics – one day at a time, until God chooses to take me back home.

To all those who have wondered.....ENJOY!

"Falling Down Bob" (Bob D.)

From the Pamphlets

Many popular titles available at NOC Central Office

Who we are

We in A.A. are men and women who have discovered, and admitted, that we cannot control alcohol. We have learned that we must live without it if we are to avoid disaster for ourselves and those close to us.

With local groups in thousands of communities, we are part of an informal international fellowship, which now has members in 150 countries. We have but one primary purpose: to stay sober ourselves and to help others who may turn to us for help in achieving sobriety.

We are not reformers, and we are not allied with any group, cause, or religious denomination. We have no wish to dry up the world. We do not recruit new members, but do welcome them. We do not impose our experience with problem drinking on others, but we do share it when we are asked to do so.

From "This is AA: Introduction to the AA Recovery Program," published by Alcoholics Anonymous World Services. Used with permission.

Too young?

Coming into A.A. as young people, we found that there were common challenges to face. In the beginning, we often feel we are too young to be alcoholics. Some of us didn't drink for a long time; others didn't drink hard liquor, stumble around, or forget what we did or said when drunk. Being young in the everyday world we face peer pressure, stressful relationships with our parents, and parties being a way of life. In A.A., we often feel different because we may be the youngest person in our group, and some have even had an uninformed older member discourage us by saying things like "I spilled more booze than you drank."

These are hard realities for young people in A.A. On the other hand though, by sticking with it and finding younger and older members to help us, we found a solution to our drinking problems. In A.A. we've found a way of life that helps us deal with everyday stress and peer pressure; and that life is better and more fun without alcohol. We also see that we develop closer relationships the longer we stay sober. To us, it doesn't matter how old you are, how much, where, or what you drink. What matters is how alcohol affects you. You are the best judge of whether or not you have a problem.

From "Young People and AA," Published by Alcoholics Anonymous World Services. Used with permission.

Profanity in Meetings

What does our literature say about the use of profanity in our meetings?

Bill W in EXPERIENCE, STRENGTH & HOPE, PAGE 3.
"Anything from the point of view of content or style that might offend or alienate those who are not familiar with the program should be carefully eliminated... profanity, even when mild, rarely contributes as much as it detracts. It should be avoided."

April 1944 Central Bulletin: We believe that obscene or off-color stories as well as foul language are entirely out of place in our meetings which are opened and closed with prayer. It is scarcely believable that such incidents are customary in any group and we feel sure that abuses will be corrected by the leaders of the offended and offending groups.



*28th Annual Orange County
Alcoholics Anonymous Convention
with Al-Anon Participation*



*Living the Dream in 2013
Go Where the Love Is*



March 29, 30 and 31, 2013

