

Anonymous Times

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Volume 12 Issue 3

Alcoholics Anonymous

July/August 2014

Where Did the 12 Steps Come From?

Part 1

Editor's Note: The following was written by A.A. co-founder Bill W. and appeared in the July 1953 Grapevine. It is reprinted here with permission from A.A. World Services Organization. Part 2 will appear in the September/October issue of the Anonymous Times.

AA's are always asking: "Where did the Twelve Steps come from?" In the last analysis, perhaps nobody knows. Yet some of the events which led to their formulation are as clear to me as though they took place yesterday.

So far as people were concerned, the main channels of inspiration for our Steps were three in number -- the Oxford Groups, Dr. William D. Silkworth of Towns Hospital and the famed psychologist, William James, called by some the father of modern psychology. The story of how these streams of influence were brought together and how they led to the writing of our Twelve Steps is exciting and in spots downright incredible.

Many of us will remember the Oxford Groups as a modern evangelical movement which flourished in the 1920's and early 30's, led by a one-time Lutheran minister, Dr. Frank Buchman. The Oxford Groups of that day threw heavy emphasis on personal work, one member with another. AA's Twelfth Step had its origin in that vital practice. The moral backbone of the "O.G." was absolute honesty, absolute purity, absolute unselfishness and ab-

Continued on Page 3

SoCal AA Convention Slated for Sept. 25-28

The 63rd Annual Southern California A.A. Convention with Alanon Participation will be held Sept. 26-28 at the Town and Country Convention Center in San Diego.

Convention activities include an AA Banquet, Al-Anon Luncheon, AA Meetings, Al-Anon Meetings, Young People's Meetings, Marathon Meetings for both AA and Alanon members and a Long timers Meeting.

The convention center and hotel is located at 500 Hotel Circle North San Diego, California 92108 . Visit <http://www.aasocal.com> for more information.

North Orange County Central Office

1661 E. Chapman Ave., Suite 1H
Fullerton, CA 92831

Open Mon.-Fri. 9 a.m. - 7 p.m.
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INSIDE THIS ISSUE

NOCCO Financials	2	Meeting Donations	7
Chattin With Cathy	3	Dr. Bob on Tolerance	8
Events	4	Speaker Meetings	9
Calendar	4	What is An Intergroup Rep?	10
Birthdays	5	California Jack	11
Bulletin Board	6	Oldtimers Speaker Meeting Flier	11

NORTH ORANGE COUNTY CENTRAL OFFICE OF ALCOHOLICS ANONYMOUS GROUPS, INC.

Statement of Revenue and Expenses - Tax Basis
For the One Month and Five Months Ended

May 31, 2014 and 2013

May-14	2014	2013	2014	2013
	Current Period	Current Period	Year To Date	Year To Date
	Amount	Amount	Amount	Amount
Revenue				
Sales	\$ 5,680.00	\$ 4,634.25	\$ 27,509.75	\$ 24,192.60
Donations - meetings	3,529.94	4,050.53	18,296.61	17,803.46
Donations - B-day / other	65.00	24.00	976.20	1,055.07
Donations - Faithful Five	135.00	25.00	730.00	350.00
Fundraisers - Events	0.00	1,422.72	0.00	2,037.72
Donations - Soberfest	0.00	0.00	4,820.00	0.00
- Women's Banquet	800.00	2,000.00	800.00	2,000.00
Misc. Income	0.01	0.04	3.34	3.42
TOTAL REVENUE	\$ 10,209.95	\$ 12,156.54	\$ 53,135.90	47,442.27
Cost of Sales and Direct Costs				
Total Cost of Sales and Direct Costs	\$ 3,571.33	\$ 3,366.98	\$ 16,081.82	\$ 15,827.25
GROSS PROFIT	\$ 6,638.62	\$ 8,789.56	\$ 37,054.08	\$ 31,615.02
Operating Expenses				
Total Operating Expenses	6,973.32	6,414.96	34,025.09	32,643.40
Income From Operations	(234.70)	2,374.60	3,028.99	(1,028.38)
NET INCOME(LOSS)	(334.70)	2,374.60	3,028.99	(1,028.38)

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Editor/Layout: Paul H.
Regular contributors: Nick M., Jack H.
NOCCO Board Oversight Committee: Steve.
Chief Proofreader: 86 proof

Chattin with Cathy

Happening at NOCCO

Please join us for our 3rd Annual Old-timers/Long-timers Dinner and Speaker meeting, Taco Bar dinner, (\$10.00 for dinner) August 16th ~ 4 to 7:30 p.m. at the Yorba Linda Methodist Church. Everyone is welcome; speakers (names pulled out of the hat) will be members with 25-plus years of sobriety. Dinner 4 p.m. to 5:30 p.m. It will be a truly enjoyable evening!! Proceeds from these fundraisers directly benefit your Central Office.

VOLUNTEERS

If you have 6 months of sobriety, and would like to volunteer at Central Office, please call us at 714.773.HELP (714.773.4357) or email me at officemanager@aanoc.com or visit our website @ aanoc.com and fill out a volunteer form.

MEETING/GROUP DONATIONS

Your group contributions help to ensure that our phones are answered 24 Hours A Day, 7 Days A Week. Be sure to include the meeting name ([as](#)

[listed in the directory](#)), City, Day and Time so that proper credit can be given to your meeting donation. We have pre-printed donation coupons with self-addressed envelopes for your convenience. If your group donation is not posted, email me at officemanager@aanoc.com. All monthly donation spreadsheets are uploaded to our website at aanoc.com, as well as posted in our AA Times Newsletters.

FAITHFUL 5'ER / BIRTHDAY / INDIVIDUAL / IN MEMORY OF CONTRIBUTIONS

If you would like to join our Faithful 5'er Club, please be sure to fill out a coupon and mail in the self-addressed envelope. If you would like to make a birthday, individual or "in memory of" contribution, please note what the contribution is for when you send in the contribution. We have self-addressed envelopes for your convenience. Come on down and pick up a few.

INTERGROUP REP

There are over 400 meetings a week in North Orange County; we currently have approximately 45 intergroup reps. If your meeting does not have a rep and you have 1 year of sobriety, and would like to be of service, step up and volunteer. We serve cookies and coffee!!

UPCOMING EVENTS

→ **Old-timers (Long-timers)** dinner and meeting – Taco Dinner \$10.00, Saturday, August 16th – 4:00 PM – 7:30 PM – Methodist Church, Yorba Linda, CA

→ **2nd Annual Gratitude Dinner:** November 8th @ the Union Hall, Buena Park, CA

Extra, Extra, read all about it, we have the 75TH ANNIVERSARY EDITION OF THE BIG BOOK in our office now. They are \$12.00 each, plus tax. AA World Services is publishing the only authorized reproduction of the 1st edition of our book, 'Alcoholics Anonymous', for a limited time.

May God Bless You and Keep You as we trudge this Road Of Happy Destiny!

In gratitude, Cathy

Origin of 12 steps ... From Page 1

solute love. They also practiced a type of confession, which they called "sharing"; the making of amends for harms done they called "restitution." They believed deeply in their "quiet time," a meditation practiced by groups and individuals alike, in which the guidance of God was sought for every detail of living, great or small.

These basic ideas were not new; they could have been found elsewhere. But the saving thing for us first alcoholics who contacted the Oxford Groupers was that they laid great stress on these particular principles. And fortunate for us was the fact that the Groupers took special pains not to interfere with one's personal religious views. Their society, like ours later on, saw the need to be strictly non-denominational.

In the late summer of 1934, my well-loved alcoholic friend and schoolmate "Ebbie" had fallen in with these good folks and had

promptly sobered up. Being an alcoholic, and rather on the obstinate side, he hadn't been able to "buy" all the Oxford Group ideas and attitudes. Nevertheless, he was moved by their deep sincerity and felt mighty grateful for the fact that their ministrations had, for the time being, lifted his obsession to drink.

When he arrived in New York in the late fall of 1934, Ebbie thought at once of me. On a bleak November day he rang up. Soon he was looking at me across our kitchen table at 182 Clinton Street, Brooklyn, New York. As I remember that conversation, he constantly used phrases like these: "I found I couldn't run my own life;" "I had to get honest with myself and somebody else;" "I had to make restitution for the damage I had done;" "I had to pray to God for guidance and strength, even though I wasn't sure there was any God;" "And after I'd tried hard to do these things I found that my craving for alcohol left." Then over and over Ebbie would say something like this: "Bill, it isn't a bit like being on the water wagon. You don't fight the

Continued on Page 8

UPCOMING EVENTS!

Sober Volunteers Sought for OC Fair

Do you like to talk and share your experience? AA volunteers are being sought to man an information booth at the annual Orange County Convention, to be held July 11 through August 10.

Shifts are available Wednesday through Friday noon-3 p.m.; 6-9 p.m. or 9-11 p.m.; Saturday and Sunday 10 a.m. to 1 p.m., 1-4 p.m., 4-7 p.m. or 7-11 p.m.

Participants must have a year of continuous sobriety; free parking and admission will be granted for the day you volunteer.

Email aaocfair@gmail.com for more information or to sign up. Grab a sponsor, sponsee or sober friend and join in the fun while spreading the message of hope and recovery.

Women's Retreat will be Sept. 12-14

Save the date for the the 2014 Woman to Woman Spritual Retreat, to be held September 12-14 at Camp Buckhorn, 24641 Highway 243 in Idyllwild, CA.

The event costs \$120 and includes lodging in rustic cabins, all meals, workshops, workshop materials and much more.

Contact chairwoman Olivia P. at (909) 641-8275 (operea58@verizon.net) or co-chair Michelle D. at (310) 508-1957 (mdev-aleria@msn.com) to register or for more information.

Events listed here are presented solely as a service to our readers, not as an endorsement by North Orange County Central Office.

CHECK IT OUT – DUDE! YOUNG PEOPLE'S A.A. MEETINGS!

Sunday

Anaheim	12+12 Young People 8 p.m.	202 W. Broadway (@ Lemon)
Fountain Valley	Youth in Recovery 1 p.m.	16581 Brookhurst St. Fountain Valley, CA
Orange	Young People's Dis- cussion 7 p.m.	820 W. Town & Country Rd. (Mariposa Women's Center),

Monday

Costa Mesa	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
	Women's Monday FUNDAY 8 p.m.	420 W. 19th St. (1st Methodist Church near Triangle Square),
Irvine	Wild Bunch Men's Step Study 7:30 p.m.	5001 Newport Coast Dr c/s Bonita Cyn (Mariners Church-Port Kid Zone room)

Tuesday

Costa Mesa	New Lease on Life 12:15 p.m.	2144 Thurin St @ Vic- toria St (Grange Hall)
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Wednesday

Yorba Linda	Topic Discussion 8 p.m.	18372 Lemon Drive @ imperial Hwy (1st Baptist Church)
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Thursday

Costa Mesa	We are Not Saints 3 p.m.	2701 Fairview Rd. (Stu- dent Health Center Rm. 108)
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Friday

Anaheim Hills	Discussion 8 p.m.	411 Lakeview Ave. (@91 Freeway Medical Office building in base- ment)
Huntington Beach	Seacliff 7 p.m.	225 7th St. Garage #1
Tustin	Turning the Corner 7:30 p.m.	1221 Wass St, 92780

Saturday

Newport Beach	Hoag Hut Speaker	201 Newport Blvd.
Long Beach	Nite Owls 10:30 p.m.	4019 E. 4th St.

Calendar of Events

July 11-13

2014 Pacific Regional Forum

The Riverside Hotel
2900 Chinden Blvd
Boise, ID 83714
FREE registration at <http://www.aa.org>

July 17-23

25th Annual Serenity in the Sierras

Camp Richardson
South Lake Tahoe, CA
serenityinthesierras2014@hotmail.com

August 1-3

2nd Annual Foothill Roundup

Hyatt Regency Indian Wells Resort & Spa
44600 Indian Wells Ln.
Indian Wells, CA 92210
<http://www.maaddogdaze.org>

August 8-10

29th Annual Serenity in the Sierras

5 miles north of Oakhurst, CA
www.SerenitySierras.com

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AA's 12 Concepts

The Twelve Concepts for World Service were written by A.A.'s co-founder Bill W., and were adopted by the General Service Conference of Alcoholics Anonymous in 1962. The Concepts are an interpretation of A.A.'s world service structure as it emerged through A.A.'s early history and experience. Last issue we printed concepts 1 and 2.

3. To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

4. At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

The text of the complete Concepts is printed in The A.A. Service Manual/Twelve Concepts for World Service (BM-31).

BIRTHDAY DONATIONS

Jim D. ↔ 25 years
Cyndi Z. ↔ 5 years
Laurel Mc ↔ 3 years



IN MEMORY OF: Don Downs

PUBLISH YOUR BIRTHDAY or SOBRIETY STORY TODAY!

Shall we put another candle on your birthday cake too? To publish your birthday, send us your name, sobriety date and your contribution check (DO NOT SEND CASH) in the mail to: North Orange County Central Office, 1661 E. Chapman Ave., Suite 1H; Fullerton, CA, 92831. Email: officemanager@aanoc.com.

Central Office News

Thanks for Your Support

Thank you to all our supporters.

Your gracious pledge helps NOCCO to carry the A.A. Message of hope and recovery to alcoholics still suffering in the North Orange County area.

Stay tuned for announcements in coming months about recovery-related activities

Call for Volunteers!

Central Office took 787 calls in April-May

439 were from men
348 were from women



Keep up the great work — YOU
make a difference!

NOC Central Office BULLETIN BOARD

H&I
2ND SUNDAY
July 13 and August 10

NOCPIC
2ND WEDNESDAY
July 9 and August 13

INTERGROUP
2ND WEDNESDAY
July 9 and August 13

**Orange County Hospitals and
Institutions Committee**

2nd Sunday of each month.
Institutions Committee: 4-5 pm
(Orientation at 3:15 pm)

Hospitals Committee: 6-7 pm
(Orientation at 5:15 pm)
Garden Grove Alano Club
9845 Belfast, Garden Grove
Call (949) 278-5173

**North Orange County Public
Information Committee**

*Learn about sharing the message with
Non-A.A. people like high school and
college students.*

Meets at 6:30 p.m. on the 2nd Wednesday of every month at NOCCO
1661 E. Chapman Ave., Suite 1H,
Fullerton
If you have questions, call
Brian K. 714-658-4581

**North Orange County
Intergroup Association
Intergroup**

Meeting at 7:30 p.m. on the
2nd Wednesday of every month at
109 E. Wilshire, Fullerton
(First Christian Church)

FOR MORE INFORMATION, CALL CENTRAL OFFICE AT (714) 773-4357

Much AA Information at www.aanoc.com

Visit www.aanoc.com for the latest events, meetings and other information.

The site is chock full of information, including a sobriety clock, links to meetings in Los Angeles, San Bernardino and San Diego counties, as well as links to Alcoholics Anonymous World Services Organization, Southern California GSR Service Area 9 and the AA Grapevine. Current and past issues of the Anonymous Times newsletter are also available for download from the site.

Send Us Your Story

Online! Anonymous Times

articles can be submitted to

officemanager@aanoc.com



Faithful Fivers

Amy H. • Pamela C. • "Just Ken" • Cindy Z. • Margaret J. • Ruth T. • Chris D. •
Rachel A. • Carol G. • Karen M. Cliff M. • Julie S. • Paul P. • Sherry L. • Jan. W
• Joe P. • Kent M. • Laurel Mc. • Steve D. • Tammy D. • Michele M. • Linda C. •
Michael V. • Mike Cate. C. • William G. • Jeanne L. • Nathan J. • Jill L.

Faithful Fivers are A.A. Members who graciously contribute \$5.00 or more* each month to support their local Central Office in its efforts to carry the A.A. message of hope and recovery to those alcoholics still suffering in our area. As a Faithful Fiver, your personal contribution will help make these vital services possible. The Faithful Fiver idea came about when we remembered that we wasted much more than \$5.00 a month during our drinking days.

YES! I wish to participate as a Faithful Fiver

Here is my contribution of \$ _____ for _____ months.

Name: _____ Phone #: _____

Email Address: _____

Make checks payable to: NOCCO ~ 1661 E. Chapman Ave. #1H, Fullerton, CA 92831

*Contributions are limited to \$5,000.00 per year, per member and are tax deductible under IRS Code 501(c)3

April-May Meeting Contributions

City	Day/Time	Meeting	Apr-14	May-14	YTD Total
Anaheim	Sunday 10:30 am	24 Hr. Group Speaker			50.00
Anaheim	Sunday 8 pm	Fireside Speaker			180.00
Anaheim	Monday 12 pm	Nooner's BB Step Study	107.10		214.20
Anaheim	Tuesday 7:30 pm	Big Book Women's Part.			60.00
Anaheim	Tuesday 8 pm	TNT&T	15.00	10.00	35.00
Anaheim	Thursday 7:30 pm	We Got A Coffee Pot Men's	35.00		105.00
Anaheim	Friday 12 pm	Women's Big Book Study			101.85
Anaheim	Friday 6:30 pm	Gratitude Is An Action			64.32
Anaheim	Saturday 7:30 am	Eye Opener Table Pounding			71.44
Anaheim	Saturday 8:30 am	It's In the Book	199.03		199.03
Brea	Monday 10 am	Women's Discussion	25.00	24.00	117.00
Brea	Monday 5:30 pm	12 & 12			130.00
Brea	Tuesday 5:30 pm	Men's Topic Discussion	20.00	30.00	50.00
Brea	Tuesday 5:30 pm	Women's 10 Step HH	70.00	60.00	130.00
Brea	Tuesday 7 pm	Step Study Workshop			20.00
Brea	Wednesday 5:30 pm	As Bill See's It	60.00		261.00
Brea	Wednesday 6:45 pm	Daily Reflections/ Women's		38.00	73.00
Brea	Thursday 10:30 am	Step Sisters Step Study		60.00	160.00
Brea	Thursday 5:30 pm	Living In the Solution	80.00		80.00
Brea	Thursday 5:30 pm	Women's BB Study			69.37
Brea	Friday, 5:30 pm	Big Book Study	89.00		159.00
Brea	Friday 8 pm	Men's	50.00	50.00	200.00
Brea	Saturday 10:30 am	Saturday Morn Womens AA Step	95.00	56.00	151.00
Buena Park	Monday 7:30 pm	Monday Nite BP Topic Disc			100.00
Buena Park	Friday 8 pm	Friday Nite Discussion	100.00		177.57
Cypress	Tuesday 6 pm	Happy Hour	100.00		100.00
Cypress	Tuesday 7:30 pm	Big Book Study			84.00
Cypress	Friday 8 pm	Fridayday Night Lunatic Fringe		100.00	100.00
Cypress	Saturday 7:30 pm	Open Topic	50.00		125.00
Fullerton	Daily 6 am	Attitude Modification	90.00	180.00	810.00
Fullerton	Sunday 5:30 pm	Women's Step Study		17.00	17.00
Fullerton	Sunday 6 pm	How It Works			19.00
Fullerton	Monday 10:30 am	Morning Glories	70.00		140.00
Fullerton	Monday 11:30 am	Discussion		24.50	24.50
Fullerton	Monday, 6 pm	Fullerton Big Book			10.00
Fullerton	Monday 6 pm	Cat's On the Roof			35.54
Fullerton	Monday 6 pm	Monday Nite Men's @ FAC			210.00
Fullerton	Wednesday 2 pm	Women's Coffee Talk			60.00
Fullerton	Wednesday 6 pm	Show Up & Grow Up	5.00		5.00
Fullerton	Thursday 5:30 pm	Women's BB Study	5.02		5.02
Fullerton	Thursday 7:30 pm	Kitchen Table Meeting			40.00
Fullerton	Thursday 8 pm	Men's Participation (Mo's)		100.00	355.00
Fullerton	Friday 6:30 pm	Women's Hit & Run		35.00	105.00
Fullerton	Friday 8 pm	Downtown Fullerton Speaker	45.00	30.00	210.00
Fullerton	Saturday 9:30 am	Feelings		56.00	56.00
Fullerton	Saturday 2 pm	Hot Topic			60.00
Fullerton	Saturday 6 pm	Saturday Night Live			20.00
Garden Gr	Sunday	Sunday Night Disaster		224.93	224.93
Garden Gr	Sunday 12 pm	Participation	20.00		70.00
Garden Gr	Monday 7 pm	Primary Purpose Book St			21.00
Garden Gr	Tuesday 12 pm	No Whinning Group			100.00
Hunt Bch	Daily 7 pm	Triangle Group			80.00
La Habra	Sunday 10:30 am	Participation	15.00	43.75	148.75
La Habra	Sunday 7:30 pm	Sober Sunday			40.00
La Habra	Tuesday 8 pm	Participation	50.00		100.00
La Habra	Wednesday 7:30 pm	La Habra Men's Stag	175.00	100.00	425.00
La Habra	Thursday 8 pm	Participation	60.00	60.00	180.00
La Habra	Friday 8 pm	Friday Night Beginners		150.00	300.00
La Habra	Friday 8 pm	Friday Night Speakers		80.00	180.00
La Mirada	Sunday 8 pm	Men's Big Book Study	63.00		113.00
Los Alamitos	Daily 7 am	Surrender Is Freedom	175.00	130.00	845.00
Los Alamitos	Sunday 6 pm	Big Book Study			60.00
Los Alamitos	Wednesday 8 pm	Sobriety 1st	75.00		75.00
Los Alamitos	Saturday 6 pm	Saturday Night Lite		150.00	150.00
Orange	Sunday 8:30 am	Attitude Adjustment		100.00	100.00
Orange	Sunday 11 am	Book Study			105.00
Orange	Monday 5:30 pm	Rush Hour	200.00		200.00
Orange	M-F 5:30 pm	Tustin Rush Hour			60.00
Orange	Monday 7 pm	Women's E/S/H	108.00	35.00	143.00
Orange	Tuesday 7 pm	Orange - Tustin Group			126.43
Orange	Wednesday 7 pm	Easy Does It			100.00
Orange	Wednesday 7 pm	Name In the Hat	25.00	25.00	75.00
Orange	Thursday 6:30 am	Early Bird Discussion			100.00
Orange	Thursday 7 pm	Men's			60.00
Orange	Thursday 7:30 pm	All About Me Men's Stag	50.00		350.00
Orange	Friday 12 pm	Quality Serenity			255.00
Orange	Friday 8 pm	No Puffers Speakers		50.00	228.96
Orange	Friday 7 pm	OC Friday Nite Roaming Couples	140.00		300.00
Orange	Saturday 6 pm	Winner's Circle	120.00		120.00

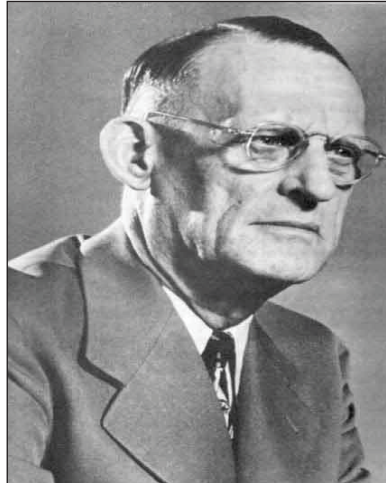
On Cultivating Tolerance

By Dr. Bob S.

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During nine years in AA, I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal not only maintain sobriety but often acquire finer characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in education advantages; and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

I am reminded in this connection of the picture of a hub with its radiating spokes. We all start at the outer circumference and approach our desti-



nation by one of many routes. To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an individual. Human nature is such that without some degree of tolerance, each one of us might

be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance, we might tend to become a bit smug or superior - which, of course, is not helpful to the person we are trying to help and may be quite painful or obnoxious to others. No one of us wishes to do anything that might act as a deterrent to the advancement of another - and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words, it often promotes an open-mindedness that is vastly important - is, in fact, a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

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Origin of 12 steps ... From page 3

desire to drink -- you get released from it. I never had such a feeling before."

Such was the sum of what Ebbie had extracted from his Oxford Group friends and had transmitted to me that day. While these simple ideas were not new, they certainly hit me like tons of brick. Today we understand just why that was . . . one alcoholic was talking to another as no one else can.

Two or three weeks later, December 11th to be exact, I staggered into the Charles B. Towns Hospital, that famous drying-out emporium on Central Park West, New York City. I'd been there before, so I knew and already loved the doctor in charge -- Dr. Silkworth. It was he who was soon to contribute a very great idea without which AA could never had succeeded. For years he had been proclaiming alcoholism an illness, an obsession of the mind coupled with an allergy of the body. By now

I knew this meant me. I also understood what a fatal combination these twin ogres could be. Of course, I'd once hoped to be among the small percentage of victims who now and then escape their vengeance. But this outside hope was now gone. I was about to hit bottom. That verdict of science -- the obsession that condemned me to drink and the allergy that condemned me to die -- was about to do the trick. That's where the medical science, personified by this benign little doctor, began to fit it in. Held in the hands of one alcoholic talking to the next, this double-edged truth was a sledgehammer which could shatter the tough alcoholic's ego at depth and lay him wide open to the grace of God.

In my case it was of course Dr. Silkworth who swung the sledge while my friend Ebbie carried to me the spiritual principles and the grace which brought on my sudden spiritual awakening at the hospital three days later. [Dec. 14, 1934] I immediately knew that I was a free man. And with this astonishing experience came a feeling of wonderful certainty that great numbers of alco-

Continued on Page 10

SPEAKER MEETINGS: July/August 2014

Anonymous Times would like to publish your list of speakers for September/October 2014.

Deadline for publication is August 15, 2014. Email: OfficeManager@aanoc.com

Friday 8 p.m. Downtown Speakers (1 Hour)
109 E. Wilshire, Fullerton 92632 (1st Christian Church)

July 4 Alexis C., Tustin
July 11 Corrina R., Fullerton
July 18 Carolyn M., Orange
July 25 Charlotte B., Huntington Beach
August 1 Franny S., Gardena
August 8 Jason H., Long Beach
August 15 Steven L., Hermosa Beach
August 22 Mary O., Fullerton
August 29 Blair G., Fullerton
September 5 Linda P., Lake Balboa
September 12 TBD
September 19 TBD
September 26 Fran T., Cypress

Friday 8 p.m. La Habra Speaker
631 North Euclid St., La Habra, CA 90631

July 4 Dave O., Fullerton
July 11 Michael C., Irvine
July 18 Dr. Dave, Huntington Beach
July 25 Ralph G., Whittier
August 1 Mike R.,
August 8 Don M., North Hills
August 15 Tracy H.P., Brea
August 22 Cindy B., West L.A.
August 2 Spiritual John, Cypress
September 5 Josh S., Lawndale
September 12 Tina W., Glendora
September 19 Brad W., Anaheim Hills
September 26 Jim S., Beach

Saturday 8 p.m. Liverpool Speaker
4861 Liverpool @ Yorba Linda Blvd
Hear a great speaker share about sobriety every Saturday.

Saturday 8 p.m. Oddfellows Speaker
109 E. Wilshire, Fullerton 92632
Hear a great speaker share about sobriety every Saturday.

Sunday 10:30 a.m. Fullerton Alano Center
530 W. Commonwealth, Fullerton

July 6 Jim M., Chino Hills
July 13 Gloria V., El Monte
July 20 Jerome S., Corona
July 27 BIRTHDAY SUNDAY
August 3 Ryan F., Covina
August 10 Gloria H., La Puente
August 17 Anne G., Long Beach
August 24 Chuck N., Long Beach
August 30 ALCOTHON SPEAKERS
August 31 ALCOTHON SPEAKERS
September 1 ALCOTHON SPEAKER
September 7 Darren P., Santa Barbara
September 14 Patt O., Mission Viejo
September 21 Gabrielle C., Long Beach
September 28 BIRTHDAY SUNDAY

Sunday Fireside Speaker Meeting
8 p.m. 641 S. Western Ave. Anaheim CA 92804
Hear a great speaker share about sobriety every Sunday.

Wednesday Fullerton Alano Center
8 p.m. 530 W. Commonwealth, Fullerton
Hear a great speaker share about sobriety every Wednesday.

Thursday Pioneer Speaker
8 p.m. 202 W. Broadway, Anaheim
Hear a great speaker share about sobriety every Thursday.



To include meetings, we need your speaker lists by August 15, 2014.

INTERGROUP REP

Become a member of NOCCO Intergroup Association

DOES YOUR HOME GROUP HAVE A VOICE?

North Orange County Central Office of Alcoholics Anonymous Groups is our local intergroup association.

What Does NOCCO do?

- * Assign "Twelve Step" calls on a geographical basis
- * Maintaining a supply of approved books and literature
- * Serve as a communications center for local Groups, keeping them informed about AA activities by Newsletters, Website, bulletins and other media
- * Maintain AA listings in telephone directories and other media sources
- * Handle requests for information about AA from the general public
- * Sponsoring and arranging any joint social affairs which the members may desire

Why should I become a Rep?

Each individual AA group is entitled to representation in the Intergroup Association, yet of the 390 meetings in North Orange County less than 50 have an Intergroup Rep.

Every AA Group in North Orange County is automatically a member of this Association.

What are my duties as an Intergroup Rep?

* **Attend monthly Intergroup Meetings** – 2nd Wednesday of each month at 7:30 pm 109 E. Wilshire, Fullerton, CA (First Christian Church).

* **Have a VOTE!** – Vote on behalf of your group's conscience on issues presented at Intergroup.

* **Have a VOICE!** – Bring any issues to the Intergroup Meeting that may affect AA as a whole – are there specific issues that your group's conscience feels needs attention?

* **Get Involved!!** – Vote in the election of officers, join a committee, report back to your meeting all the information from the monthly meeting.

We meet the 2nd Wednesday of every month at the First Christian Church, 109 E. Wilshire, Fullerton – 7:30 p.m. Call Central Office for more Info: 714.773.4357.

Origin of 12 Steps ... From Page 8

holics might one day enjoy the priceless gift which had been bestowed upon me.

Third Influence

At this point a third stream of influence entered my life through the pages of William James' book, "Varieties of Religious Experience." Somebody had brought it to my hospital room. Following my sudden experience, Dr. Silkworth had taken great pains to convince me that I was not hallucinating. But William James did even more. Not only, he said, could spiritual experiences make people saner, they could transform men and women so that they could do, feel and believe what had hitherto been impossible to them. It mattered little whether these awakenings were sudden or gradual, their variety could be almost infinite. But the biggest payoff of that noted book was this: in most of the cases described, those who had been transformed were hopeless people. In some controlling area of their lives they had met absolute defeat. Well, that was me all right. In complete defeat, with no hope or faith whatever, I had made

an appeal to a Higher Power. I had taken Step One of today's AA program -- "admitted we were powerless over alcohol, that our lives had become unmanageable." I'd also taken Step Three -- "made a decision to turn our will and our lives over to God as we understood him." Thus was I set free. It was just as simple, yet just as mysterious, as that.

These realizations were so exciting that I instantly joined up with the Oxford Groups. But to their consternation I insisted on devoting myself exclusively to drunks. This was disturbing to the O.G.'s on two counts. Firstly, they wanted to help save the whole world. Secondly, their luck with drunks had been poor. Just as I joined they had been working over a batch of alcoholics who had proved disappointing indeed. One of them, it was rumored, had flippantly cast his shoe through a valuable stained glass window of an Episcopal church across the alley from O.G. headquarters. Neither did they take kindly to my repeated declaration that it shouldn't take long to sober up all the drunks in the world. They rightly declared that my conceit was still immense.

To be continued...

Captured Quips from California Jack

The wit and wisdom of Bill and Bob's friends.

From the Big Book of Alcoholics Anonymous, pg 66; "It is plain that a life which includes deep resentment leads only to futility and unhappiness."

"Expectations are resentments in waiting." Jim C.

"It's not about what happens to you, it's about how you deal with what happens to you. Reggie P.

"What other people think of me is really none of my business." Gary

"Resentments are like peeing on yourself. Others may see it but the only one feels it is you." Happy Ken

"Guilt is a gift you give yourself". Kaylyn

"The difference between an ordeal and adventure is attitude." Tom T.

"If you run into more than 3 jerks in a day, you better start looking at yourself." Cleveland Bill

"AA will change your life and make it better but first it'll probably piss you off." Randy K

"By the end of my drinking, life was really bleak because I was living in the wreckage of my future." Chris S.

"You aren't required to participate in every argument that you're invited to." Boxcar Daniel

And just for fun: - - -

How many drunks does it take to change a lightbulb? Two. One to hold the bulb and one to drink until the room spins.

Drunk drivers run Stop signs. High drivers wait for them to turn green.

Alcohol doesn't make you FAT! It make you LEAN...against tables, chairs, walls, and people.

Do you have a quote that you think should be added to the list? Send it to California Jack at Golden.Buckeye@yahoo.com

Meeting Contributions ... From Page 7

City	Day/Time	Meeting	April-14	May-14	YTD Total
Placentia	Sunday 8:30 am	Right Start	100.00	80.00	480.00
Placentia	Monday 6:30 pm	Beginners Sober Start			80.00
Placentia	Monday 7 pm	Men's SRSTO			166.00
Placentia	Monday 8 pm	Unmanagables	120.00		120.00
Placentia	Thursday 10:30 am	Women's Stepping Stones		100.00	200.00
Tustin	Monday 9 am	Women's Utility Group			60.00
Villa Park	Daily 7:30 am	24 Hr. Group	135.80		276.55
Whittier	Sunday 8 pm	Sunday Night Step Study	15.00		30.00
Whittier	Tuesday 7 pm	No Nonsense 12 x 12			10.00
Whittier	Wednesday 7 pm	As Bill See's It	50.00		50.00
Whittier	Wednesday 7 om	Women's Winners	50.00		50.00
Whittier	Thursday 8 pm	Thursday Den Book Study			50.00
Whittier	Friday 7 pm	Big Book Study		40.00	80.00
Whittier	Saturday 10:30 am	Women's Acceptance	45.00	40.00	182.50
Whittier	Saturday 7:30 pm	Whittier Saturday Night Speaker		20.00	100.00

City	Day/time	Meeting	April-14	May-14	YTD Total
Yorba Linda	Daily 6 am	Attitude Modification	683.13	625.76	2,997.10
Yorba Linda	Monday 7 pm	Men's	25.00		25.00
Yorba Linda	Tuesday 7:30 pm	Y.L. Closed Women's			60.00
Yorba Linda	Tuesday 8 pm	Ohio Street Winners		100.00	100.00
Yorba Linda	Wednesday 12 pm	Noontimers			338.00
Yorba Linda	Wednesday 7 pm	Women's Big Book Study		120.00	180.00
Yorba Linda	Wednesday 7:30 pm	Wednesday Night Book		100.00	180.00
Yorba Linda	Thursday 7 pm	Solutions - Women's		105.00	245.00
Yorba Linda	Thursday 7:30 pm	YL Participation			112.00
Yorba Linda	Friday 12 pm	Daily Reflections		50.00	175.00
Yorba Linda	Friday 8 pm	Friday Night Ohio Winners Circle		70.00	220.00
???		162661			150.00
???		711332			112.50
no info		**no info**			295.05
no info		Not A Glum Lot			60.00
no info		Sunshine Pumpers	60.00		60.00
		TOTAL GROUPS:	3,870.08	3,529.94	18,290.61



3rd Annual OLD-TIMERS/LONG-TIMERS DINNER & SPEAKERS MEETING

NORTH ORANGE COUNTY CENTRAL OFFICE - AA

Saturday, August 16TH

Methodist Church

(Fellowship Hall)

19002 Yorba Linda Blvd. @ Ohio St., Yorba Linda

TACO BAR DINNER \$10.00

Served from 4:00 PM - 5:30 PM

Dinner tickets available at NOCCO beginning 6/30/14

SPEAKERS/MEETING: 5:45 – 7:30 PM

Fundraiser to benefit YOUR Central Office

**MORE INFORMATION
CONTACT NOCCO 714.773.4357**